

Mish Mash

A perfect blend of everything ...

Dear Parents,

Greeting from SAN Academy!

We at SAN Academy, believe that holistic growth in education is not achieved through classroom training alone. Its achieved by instilling confidence to the student through various mediums. When they have confidence, they can have a lot of fun in learning, which makes them accomplish amazing things. The various focus areas needed for personal development in a child is the crux behind the choice of various clubs that the school has to offer.

To share the initiatives that our school has taken in planning on school clubs, we bring to you this newsletter, "Mish Mash" which aims to keep you updated on all the activities planned for the months ahead.

As parents, if you have any feedbacks or queries, do feel free to drop in your suggestions at sankam@sanacademy.edu.in. Listening to your feedbacks makes us feel more involved as a part of the value addition process.

Mrs.R.Archana
Director



PLANET NUTRITION

FRUITS

**CLASS I
APRIL – 2019**

Nutritional Awareness about Fruits

This activity is a food-based nutritional approach to create nutrition awareness and enhance consumption of nutritionally rich fruits.



4th April 2019



Videos of different fruits, their nutritional values & health benefits will be shown to students.

Fruit salad -Colouring the given picture with its respective colour(Individual Activity).

Note: Materials will be provided by school.

11th April 2019

Intra Competition – “Show & Tell” (Individual Activity)

1. Students should bring their own choice of fruit or stick picture of a fruit in chart from home.
2. Students should talk for 2 minutes about its nutritional value, health benefit and 5 countries where it is popularly eaten by people.



Judgement criteria for “Show & Tell”

Adherence to the theme,
Vocabulary Usage,
Clarity &
Confidence.



PHILATELY CLUB

**CLASS I
JUNE – 2019**

13th June 2019

About Post office

1. Introduction about Philately Club.
2. Talk on Post office & various activities in the post office with videos.
3. Learning about the need for Post office.



20th June 2019

Types of postal cards

1. Introduction about various types of post cards, Inland letter, Telegram etc & its usage.
2. Where & How the letter need to be posted?



27th June 2019

Intra Competition – Writing Activity (Individual Activity)

Students should collect pictures of different types of postal cards & paste them in the chart at school & write their names.

Materials to be brought by students are Half chart ,postal cards & fevistick.

Judgement criteria for Writing Activity



Adherence to the theme,
Presentation ,
Picture Clarity &
Creativity.