

Dear Parents,
Greeting from SAN Academy!

We at SAN Academy, believe that holistic growth in education is not achieved through classroom training alone. Its achieved by instilling confidence to the student through various mediums. When they have confidence, they can have a lot of fun in learning, which makes them accomplish amazing things. The various focus areas needed for personal development in a child is the crux behind the choice of various clubs that the school has to offer.

To share the initiatives that our school has taken in planning on school clubs, we bring to you this newsletter, "Mish Mash" which aims to keep you updated on all the activities planned for the months ahead.

As parents, if you have any feedbacks or queries, do feel free to drop in your suggestions at sankam@sanacademy.edu.in. Listening to your feedbacks makes us feel more involved as a part of the value addition process.

Mrs.R.Archana Director



DRAMA CLUB

SPOTLIGHT



DRAMATICS

LIGHTS, CAMERA, ACTION.

"Drama" is a form of artistic expression and storytelling that has existed and been celebrated for centuries. It entertains, teaches, shocks, and delights—both for those onstage, backstage, and in an audience. Drama, music and movement develop confidence, creativity and communication skills. Children learn to work as a team and when they create and perform drama together they gain valuable insights into the world, whilst improving concentration, memory, clarity of speech and emotional understanding.

1st August 2019

- 1. Introduction about Drama club & its importance will be discussed by the teachers.
- 2. Children will watch videos of Ramayana stories according to their house and characters will be finalized for skit by the students.
- 3. Stories are given in the following pages for reference.

Agni house - Abduction of Sita

Akash house - The story of Surpanakha

Prithvi house - Khumbakarna and Indirajith

Vayu house - Rama goes to exile



8th & 22nd August 2019

According to the assigned story, students will practice the skit during club period.



29th August 2019

Intra competition - **Dramatics** (Group activity)

Students of Agni house - Abduction of Sita

Students of Akash house - The story of Surpanakha

Students of Prithvi house - Khumbakarna and Indirajith

Students of Vayu house - Rama goes to exile

Judgement criteria

Dialogue delivery Presentation Team work Usage of props



ABDUCTION OF SITA

One beautiful morning, Sita spotted a lovely deer outside their hut. Sita requested Ram to bring her the deer. Ram could not resist his wife's plea and followed the deer into the forest to capture it and bring it back for his wife. But before he left he cautioned Laxman not to leave Sita's side for a moment.

Ram found the deer to be an elusive creature that led him deeper into the forest. Finally, Ram strung his bow and shot an arrow that pierced the deer's heart. In an instant the deer was transformed into the demon Maricha who cried out for Sita and Laxman in a perfect imitation of Ram's voice. Sensing that something was terribly wrong, Ram hastened to get back to Sita.

Back at the hut Sita and Laxman were dismayed to hear what they thought was Ram's cry of distress. Sita was beside herself with fear and begged Laxman to go to Ram's aid. Laxman was in a dilemma. On the one hand, he had promised his brother that he would not leave Sita alone. On the other, he wanted to rush to help Ram if he was in trouble. But Laxman suspected that things were not what they seemed. He did not want to leave Sita, but she was adamant that he go and find Ram. Against his better judgement, Laxman agreed. He drew a circle around the hut with his arrow and told Sita that on no account must she step across this line.

As soon as Laxman had disappeared into the forest, a frail hermit approached the hut begging for alms and food. Sita served him graciously, being careful to stay within the line that Laxman had drawn. But the feeble old man said that he could barely reach the cup of water that she had set down for him and requested her to step forward. Sita could not see what possible harm this weak creature could do her and she stepped across the line. Instantly, she was caught in a vise-like grip as Ravan revealed his true identity.

Sita tried to struggle, but her strength was no match against Ravan's brute force. She tried to warn Ravan of the consequences of abducting her. Ravan merely laughed at this suggestion. He bundled Sita into his magnificent flying chariot and sped off to Lanka. The vulture king, Jatayu, tried to come to Sita's rescue. But Ravan cut off his wings and left him bleeding and helpless.

Ravan was quite taken with Sita's charms. He decided that if he could persuade Sita to marry him, he could kill two birds with one stone. He told her that he would give her one year's time to make up her mind to be his wife. If at the end of this time her answer was no, he would have her cut up and served to him as a delicious meal. However, Ravan decided that he would court Sita in the period of one year. He would impress her with his wit, charm, knowledge and wealth. Ravan ensconced her in a beautiful garden. This garden was filled with wonderful trees, flowers, birds and animals. But Sita felt like a bird kept captive in a golden cage for all the time she was kept under the watchful eye of demonesses.



THE STORY OF SURPANAKHA

The three exiles soon became accustomed to their life in the forest and even began to enjoy it. Their royal life became a thing of the past. Rama, Laxmana and Sita slept under the stars on beds of leaves and grass and lived on a diet of fruits and berries. Far from the cares of the material world, they began to take pleasure in the simplicity of forest living.

And always through their travels a faint shadow followed them, watching out for them, sheltering from the rain and blocking the unrelenting rays of the sun. One day, the shadow identified himself as Jatayu, the vulture king and a friend of King Dashratha. He had promised King Dashratha that he would act as their guardian angel and protect them from harm and help them in times of trouble.

The hermits and sages that lived in the forests also offered Ram, Laxman and Sita their hospitality. There were several demons that lurked in the forest and disturbed the calm existence of the sages. The sages were men of peace and they turned to the two brothers to keep them safe from the demons.

One day, the trio heard a blood-curdling scream and they came face to face with a hideous demon. She had wild bloodshot eyes and tangled hair. Her voice, when she spoke, was like a growl. She introduced herself as Surpanakha, the sister of Ravan, the powerful ruler of Lanka and the king of the demons. She had never seen such handsome young men like Ram and Laxman in her life. She invited them ,Ram refused her invitation saying that he would not be able to accept as he was with his wife. Enraged, Surpanakha rushed at Sita with bared fangs and outstretched claws saying that she could easily get rid of such a small obstacle. Laxman rushed to intervene and cut off the demon's nose and ears.

Surpanakha went straight to her brother, Ravan, the mighty demon king. She demanded that he avenge her humiliation and the mutilation of her face. She taunted him saying that were he to let Ram and Laxman's actions go unavenged, the other demons would only accord him the respect due to a toothless tiger.

Ravan promised his sister that he would not rest till Ram and Laxman had been punished. He swore that they would suffer and die a horrible death. He summoned all the cleverest demons for a meeting and together they hatched a cunning plan. They all knew that Sita was Ram's weak spot. They told Ravan that the best plan would be to capture Sita and bring her to Lanka. Ram would surely follow to rescue his beloved wife. Once Ram was in Lanka, he would be in alien territory and at a disadvantage. Thus, Ravan could catch him on the wrong foot and vanquish him easily.



KUMBHAKARNA AND INDRAJIT

Kumbhakarna was Ravan's brother and had a truly formidable reputation as a warrior. The gods had cursed him so that he slept for a stretch of six months at a time. It was nearly impossible to wake him from his deep slumber. But Ravan realized that he needed to introduce Kumbhakarna onto the battleground to boost the morale of the demon army. Ravan had great faith in his brother's prowess as a warrior and was convinced that he would be able to slay Ram and rout the enemy. He ordered all his officers and servants to work on the difficult task of waking Kumbhakarna. They made an enormous din, blowing trumpets and conch shells, beating drums and shaking Kumbhakarna's body vigorously. But still the giant slept on undisturbed. Finally, when the servants had almost exhausted their efforts, Kumbhakarna woke, yawning hugely, and shaking off the servants like so many flies. He first sat down to eat the mountains of food that were prepared for him for it was common knowledge that when Kumbhakarna awoke from a deep slumber, he would be ravenously hungry. His hunger satisfied, Kumbhakarna prepared to go into battle.

Kumbhakarna arrived on the scene like a whirlwind. He made short shrift of the monkeys, cutting through their defence like a knife cuts through butter. Mangled bodies of monkeys lay strewn all over the battlefield. But Kumbhakarna's aim was to slay Ram. He charged at Ram brandishing an iron club in one hand and an uprooted tree in the other. Ram flung a wind missile at the demon that took off both his arms. But the demon did not seem to notice and charged on. Next Ram amputated the demon's legs, but Kumbhakarna hurtled on undeterred. Finally, Ram managed to decapitate the demon. A shocked silence hung over the battlefield as Kumbhakarna's severed head fell to the ground.

Indrajit, Ravan's son, decided that he would take up the challenge of defeating Ram's army. Since Ram and Laxman could not seem to be vanquished by ordinary means, Indrajit decided to use his magic powers to make himself invisible. He hovered over the battlefield in his chariot and rained down poisoned arrows on Ram and Laxman. The two princes were bewildered. How could they fight an enemy they could not see? Finally, Laxman and Hanuman managed to entice Indrajit onto the battlefield where Laxman challenged him to single combat. Indrajit was confident that Laxman would be no match for him. As it turned out, he was wrong and his overconfidence cost him his life. The battle between Laxman and Indrajit raged for a long time for they were both well matched. But as Laxman felt his strength flagging, he prayed to the gods to give him a last surge of energy to finish off his foe. The gods answered his prayers and he cut off Indrajit's head. Without a leader, the demon army fell into disarray and they retreated helter skelter. Ravan was stricken by the news of the death of his son, but he did not have the luxury of time to mourn



RAM GOES TO EXILE

For twelve years Ram and his brothers helped their father to rule Ayodhya. One day, King Dashratha decided that he had become old and did not want to bear the burden of running the kingdom any longer. He felt that it was time that Ram took over the reigns as the crown prince. He summoned all his ministers and courtiers and announced that he had decided to put Ram on the throne as the ruler of Ayodhya. Everyone was in agreement because Ram had shown himself to be noble, wise and kind. More importantly, the people of Ayodhya loved him. The king ordered that preparations be made for a grand coronation.

Excitement and anticipation filled the air in Ayodhya. The streets were washed and strewn with petals. Houses were decorated with colourful pennants and lamps were lit. The wandering minstrels sang of Ram's noble exploits and people poured into the city from the four corners of the kingdom to see the coronation of their beloved prince Ram.

But a dark cloud appeared on the horizon in the form of the evil Manthara, Kaikeyi's handmaiden who had been at the queen's side from the time she was an infant. On seeing the festive preparations, Manthara hurried to Kaikeyi's bedchamber to whisper poisonous words into her ear. Manthara told Kaikeyi that once Ram was crowned the ruler of Ayodhya, Kaikeyi would lose her favoured position in court. She would be in a subordinate position to Kaushalya, Ram's mother who would treat her worse than a slave. She reminded Kaikeyi that it was the Queen Mother that held the power and put the idea in her head that her son Bharat would make as good, if not a better ruler than Ram.

Kaikeyi was convinced and she decided to take action before it was too late. Now, Kaikeyi had once saved King Dashratha's life on the battlefield. As a gesture of appreciation, King Dashratha said that he would grant her two wishes. Kaikeyi had not taken him up on the offer at that time. However, she felt that this was a good opportunity to remind the king of his promise made years ago. She told the king that her two wishes were that her son, Bharat, be crowned king and that Ram be sent into exile for fourteen years. The king was heartbroken. He begged Kaikeyi to make any other demand but this. He reminded her that the law of the land said that it was the eldest son who should succeed his father. But Kaikeyi was unbending. The king, being a man of his word, had no choice but to comply with her wishes.

When Ram heard of the king's decision he did not demur. Ram calmly accepted that it was his lot to leave Ayodhya.