



# SAN ACADEMY

## GROUP OF SCHOOLS

### KAMAKOTI NAGAR



**GALAXY-3. STAR-29**  
**MARCH-2020**

**Honesty prospers in every condition of life**

Honesty prospers in every condition of life





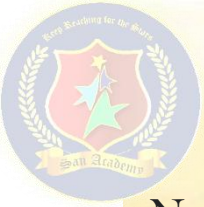
# JR.KG GUINDY CHILDREN'S PARK - 02.03.2020

Jr. Kg children were taken on a field trip to Guindy Children's Park on March 02-03-2020. The children were excited to see different animals, birds and big trees. Walking and Exploring the park with their friends gave them an entirely a new experience for the little ones. They thoroughly enjoyed the field trip.



KINDER GARTEN - FIELD TRIP





# NURSERY VISIT TO A PARK - 04.03.2020

Nursery children were taken to field trip to a Park nearby. The objective of the trip was to reinforce the topic "Me and my environment". Children enjoyed playing in Slides, Merry go round, see-saw and Swing. They also enjoyed watching the Gym area, walking path and tennis court. Children also enjoyed having their snacks in park. It was a very different experience for the kids.



NURSERY - FIELD TRIP





# SEASONAL FUN DAY - 09.03.2020

Nursery children had their special event "Seasonal Fun Day" on 09.03.2020. The objective of the event was to help the children understand about different seasons. Children learnt about the changes in seasons, seasonal foods and seasonal wears. They enjoyed the events by sticking cotton on snow man, sticking flowers, leaving paper boats in water, passing balls and bubble play.



NURSERY - SPECIAL EVENT





## SR.KG - SPIN A TALE DAY 11.03.2020

Stories not only entertain and educate but also instil moral values. More importantly, storytelling has evolved as an important communication tool for children.

“Spin - a - Tale”, for children will help them to learn the How, Why, and What of Storytelling, and spin tales of their own. At San we believe that spin a tale can begin from Kindergarten. The children were divided into groups, fabricated their own story and presented to the class. The stories that emerged from children were inspiring.







# JR.KG - MULTIVITAMIN DAY 12.03.2020

Jr.Kg special day, 'Multi Vitamin day" was celebrated on 12-3-2020 with an objective to educate children about the importance of Vitamins in fruits and vegetables. Teachers explained the importance of fruits and vegetables and in take in their diet for mental and physical growth. Children clearly understood the health benefits of each fruit and vegetable and a healthy balanced diet. Children and teachers sang the fruit and vegetable rhyme with great zest and enthusiasm.. The tiny tots enjoyed preparing fruit salad with the different available fruits and also relished tasting the same. Children also had great fun sorting healthy and junk food. All the children were positive on the fact that vegetables and fruits are better than junk food.







# HOLI CELEBRATION 13.03.2020

Holi is a famous Hindu festival that is celebrated in every part of India with utmost joy and enthusiasm. The vibrancy of colours is something that brings in a lot of positivity in our lives and Holi being the festival of colours is actually a day worth rejoicing. The entire Kindergarten from Nursery to Sr.KG celebrated Holi on 13.03.2020. On this day of Holi songs was played. Children of each class went out with their water guns brought from home, filled it with turmeric water and played with their friends showing love and respect to them. Children had great fun spraying water on their classmates and teachers.







# JR.KG APPRECIATION DAY 13.03.2020

San Academy appreciates each and every child of Jr.Kg at the end of an academic year. Each child was awarded a certificate for their special abilities and qualities on 13.03.2020. A special assembly was held and the appreciation certificates were given to the Jr.Kg children by the pre-primary head.

SPECIAL EVENT







## SR.KG GRADUATION DAY 14.03.2020

# CELEBRATION

The children of Sr.KG celebrated their 3rd Graduation day on Saturday the 14th March 2020 in the school campus.. This day filled the teachers heart with mixed feelings-fulfilment for a successful year and sadness to say goodbye..... What felt like an end was just a beginning” as the children of Kindergarten were moving to a new educational milestone -the primary section of our school and it was indeed a proud moment for the management, all the parents ,teachers and children.

The solemn celebration began with the graduation march led by the Chief guest Dr. T. Santhanam and Principal Mrs. Ganga Natarajan.

These little sanities adorned with the graduation ceremony robes received their first graduation certificate from the Chief guest Dr T.Santhanam, Director ADS Academy. Eleven children of each section also received special appreciation certificates for their unique skills. The cultural extravaganza was the most important event of the day. Each Sr.KG section presented a colourful variety programme for their parents--graceful and energetic dances and meaningful action songs.

PTA Member parents of Sr.KG recorded their appreciation for the class teachers, asst. teachers and the management. The children happily took home a graduation frame and a sweet box.





# Glimpses of the SR.KG GRADUATION DAY 14.03.2020

## CELEBRATION - PHOTO GALLERY







# Glimpses of the SR.KG GRADUATION DAY 14.03.2020

CELEBRATION - PHOTO GALLERY







# Glimpses of the SR.KG GRADUATION DAY 14.03.2020

## CELEBRATION - PHOTO GALLERY







# EVS CULMINATING ACTIVITY – 4.3.2020

EVS culminating activity for the students of class I, was conducted on 4th March 2020 in the school campus. Children showcased their knowledge on the topics- Insects, Birds, Solar system, food and everyday science, they had learnt in Term II through a variety programme. Students presented Role play on Insects like Butterfly, Ladybug, honeybee and Ant, MIME on lifecycle of a hen, Show& Tell on flight and flightless Birds, Dance on Solar system – 8 planets, conversation on why is breakfast important for us, Skit on Healthy food vs Junk food and Action song on World of Wonders.

Parents were delighted to see their children perform with zeal and appreciated the children and teachers for putting up a wonderful programme.







## **EVS CULMINATING ACTIVITY – 5.3.2020**

EVS Culminating activity “ Fascinating Science” was held at San Academy Kamakoti Nagar Campus on 05.03.2020. The focus here was on the Term 2 syllabus covered in EVS namely, “Your house and clothes”, “Air is everywhere, water pollution and control”, “Natural and man made things”, “Our beautiful earth”, “The sky above us”. The culminating activity was an extension to the concepts the children have learnt in classroom. All the children participated wholeheartedly in the culminating activity.

The programme culminated with words of encouragement by KG Head Mrs Geetha Raghuraman. To help and to know the understanding of subject, students were divided into five groups by the teacher and they trained the students for the event.

The first group was given the topic “Your house and clothes” where the students were asked to do “Show and tell” related to house and clothes. Students presented valid and impressive points and lashed away all the parents’ hearts.

Second group took up “Air is everywhere, water and air pollution” were students performed group discussion highlighting the water and air around us, how its polluted and how it can be prevented. The talented students presented mesmerizing ideas and hope to keep environment clean.

Third group of students came up with power packed skit on the topic “Natural and manmade things”. The day became special when these tiny tots presented beautiful skit sequentially.





# SPECIAL EVENT

Fourth group of students took up “Our beautiful earth”. Students took up narration with charts. This spectacular performance on our beautiful earth was refreshing.

Fifth group of students presented a song evoking mother nature the sun and moon and its importance in day to day life. They were very happy and glad to see the knowledge perceived by the students, which was unfolded before them through various performances. To encourage teachers and students few parents from each class gave us positive and quality feedback which encouraged the whole team.

Academic coordinator Mrs. Krishnaveni proposed the vote of thanks. The well began academic program ended with lot of teaching and learning, whole day was memorable for teachers, parents and students.







# AN AWARENESS ON “COVID-19”

11.03.2020

A one day workshop on coronavirus infection was conducted by our KG Head - Mrs. Geeta Raguraman and School counselor – Mrs. Preethi Balaji to create an awareness about coronavirus infection. Being young the tiny tots may not understand the implications of the present day lock down but they are intelligent enough to take in simple instructions given to them. The adults enlightened the audience on the preventive measures and public health aspects of coronavirus infection.

WORKSHOP FOR SR.KG STUDENTS







# AN AWARENESS ON “COVID-19”

11.03.2020

WORKSHOP FOR SR.KG STUDENTS

They were specifically informed about the importance of personal hygiene like:

- Wash hands often to wash away any germs that you may have touched.
- Use sanitizers when you touch any objects that came from outside.
- Do not visit sick people and in case you meet them, do not touch them.
- Germs travel fast through air when you sneeze or cough, therefore cover your nose and mouth while doing these two.
- We should also eat healthy food. Healthy food keep us strong and immune to all diseases.

Then they were given a few pointers like:-

- If you have any cough or problem with your breathing, you should inform your parents.
- Do not touch your face.
- Do not travel unnecessarily.
- Do not go to crowded places.

And the end of the day the children realized that they should be healthy, clean and take precautions so as not to fall sick.





# WOMEN'S WELLNESS CAMP 12.03.2020

In lieu of Women's Day, the Management of San Academy Group of schools conducted a workshop for teachers on "Women and Wellness". Teachers play a critical role in shaping the lives of our nation's children. Teachers not only facilitate learning, but also influence a child's social and emotional development. A healthy teacher keeps a happy classroom.

We know how hard it is to find the right information we need and may not have the right access to them. Thus Dr. P. Uma Maheswari (Sports and Musculoskeletal Physiotherapist) in Anirudha Medical Organisation Private Limited was invited to conduct a workshop to help teachers in understanding their own bodies and how food, stress, lifestyle, sleep, self-care, movement, connection and meaning have an impact on their health, happiness and hormones. The Wellness Talk started with general issues faced by women and the importance of taking care of their own self. She was well aware that with the escalation of job responsibility, teaching is one of the most stressful occupations where the high levels of stress is affecting teacher both physically and mentally.

## WORKSHOP FOR TEACHERS







# WOMEN'S WELNESS CAMP 12.03.2020

In her speech Dr. Uma emphasized that we should take time for ourselves, adopt healthy food choices (insisting that our own Indian food is no way inferior to foreign dishes), add movement to our day, getting enough sleep at night and keeping a positive attitude. Then she moved on to teacher specific problems and how we can overcome them. She explained in detail what actually causes the problem and how to rectify it.

She accentuated the fact that keeping a good posture is very vital for all human beings and highlighted the fact that the feelings of discomfiture one has at the back, shoulder and knee mainly are as a result of that. Later, she demonstrated many simple exercises where we stretch our muscles and work our joints. Each and every teacher could try them out either individually or with their partner. One learnt the importance of neck muscles that day.

On the whole the entire session was a very inspirational, informative, and wonderful one. The speaker's insightful analysis of the problems faced by women showed her experience and class. As the gathering was an interactive one, the teachers could voice out their concerns and get a meaningful response.

A stirring day indeed!







# **BEHAVIOURAL ANALYSIS AND**

# **INTERVENTIONS presented by**

# **Dr. Santhanam.T, Director SDS Academy of Behavioral Sciences**

In the career of teaching, a teacher often comes across troubled and difficult youth and children. One really has to be really innovative and think of one-of-a-kind behavior management when faced with these children. This is what the workshop was about, to help the teachers with various behavioural issues. While stress caused by common core concerns has dominated the recent education landscape, dealing with 'Difficult' students remains the number one source of constant tension for most teachers.

In the first few minutes, the speaker asked the teachers about the problems they face in the classroom, some of which were serious concerns. After hearing out Dr. Santhanam assured the audience that after the workshop they will be armed with more tools, more insights and more answers.

One of the main virtue, he insisted, a teacher should possess is the observation skills. Enthusiasm is contagious, which we can bring into our students and the curriculum. There are many ways children can disrupt the classroom. They may tattle, complain, blurt out, chatter, get into fights, and insist on having what they want, when they want it. Each type of disruption needs separate strategies and skills. So the teacher needs to handle these hard-to-handle children and hard-to-handle situations. When they cannot help what happens in the home, they can definitely help with what happens in the classroom.





He began talking about Cognitive development, Social development and Emotional development. He explained that a student carries a lot of baggage due to the stress from peer, family and society. He explained about various behaviour patterns, the root cause for each and the solution. He emphasized that we can study the physical dimensions of a behaviour by looking into the frequency, duration and intensity of each behaviour.

He also talked about Overt and Covert behaviour and their characteristics. He enlightened the teachers about behaviour modification through operant conditioning and classical conditioning. He explained that behaviour excess and deficit are the targets for these conditioning.

Next he tabulated and explained about various behavioural problems like destructive behaviour, disruptive, self-injurious, repetitive, stereotyped, odd, anti-social, withdrawal, rebellious, hyperactive escape and avoidance behaviours.

At this juncture his assistant took over the proceedings. She talked about reinforcements (awards) and punishments. Several real time examples were brought into light, to explain positive (where the behaviour is strengthened) and negative (it is reduced) reinforcement. The teachers had become aware that what they considered as punishments were not so as the child has not rectified his behaviour, in fact, they are in turn punished as nothing positive was accomplished.

The workshop ended with talk on extinction of the behaviour. Then Dr. Santhanam asked the teachers to come out with the problems they face and arrived with some concrete solutions.





## OUTCOME:

On the whole the entire session was a very inspirational and informative one. This workshop was more than a crash course but it also help build empathy and patience for even our most trying students. It gave all a look into positive and negative reinforcement through behaviour technology. The session was very useful to understand student's behaviour and how to handle children effectively. The speaker's capacity to evaluate the liveliest and compelling behaviour of youngsters and give an insightful analysis of the situation brought into light his experience in the field. A magnificent day indeed!

