# SAN ACADEMY, KAMAKOTINAGAR

#### SILAMBAM GRADING CEREMONY

## "However beautiful the strategy, you should occasionally look at the results"

Dear Parents,

SAN ACADEMY, strongly believes in the holistic development of the children. Adhering to this belief, we provide the best to our students. To this the martial arts contributes an important role. This art not only improves the physical health but also develops the concentration, proves betterment in memory power and shows significant support in academic growth.

Silambam is an Ancient Martial art of Tamil Nadu. "Silambal" is a word generally used to denote the sound created by the swinging of the long staff. Thus Silambam became the popular word to describe the martial art that used long staff. As and when some inimical humans attacked them with sticks, they had to defend themselves with sticks. Thus a kind of fighting with sticks began to develop.

The length of the staff depends on the height of the practitioner. Ideally, it should just touch the forehead about three fingers from the head, typically measuring around 1.68 metres (five and a half feet).

Over the period rules and regulations were framed for Silambam and so it developed into a martial sport. There are state, national, continental and International Federations are formed for silambam and annual competitions are being held as per norms.

IT IS WITH GREAT PLEASURE THAT, I WELCOME ALL OF YOU FOR OUR "SILAMBAM GRADING CEREMONY", WHICH WILL BE HELD ON **22.02.2020**, SATURDAY AT OUR SCHOOL PREMISES.

S.NO	CLASS	REPORTING TIME	TIME SLOT	REPORT TO
1	1&11	8.15 AM	9.00 AM – 11.00 AM	RESPECTIVE CLASS TEACHER
2	III-V	10.45 AM	11.00 AM – 12.30 PM	RESPECTIVE CLASS TEACHER
3	VI-IX	12.45 PM	1.00 PM - 3.00 PM	RESPECTIVE CLASS TEACHER

Soon after the grading, a formal presentation occurs where students will be awarded with Grading Certificates.

### Things to be duly noted by the Parents:

- 1) Dress code: School track pants (blue) with Regular school uniform T-Shirt (Red) and school shoes
- 2) Students must wear their ID card.
- 3) Students should carry sufficient water and healthy snacks.
- 4) School transport will not ply on 22.02.2020 (Saturday).

As always, our parents are welcome to be the active encouraging spectators.

Warm Regards,

Ms. R. Archana,

Managing Director, SAN ACADEMY-GROUP OF SCHOOLS.