



SAN ACADEMY-PALLIKARANAI

Intra Competition for the Month of July – 2019

Class: IV

Date: 3-7-2019 (Wednesday)

Name of the competition: Salad Making - Individual Event

Theme: Sprout Salad

Rules and instruction: Students are expected to bring gloves, bowl, spoon, ingredients needed for sprout salad (firmly packed), hand towel

Duration: 35 minutes

Criteria for Judgement:

- Ingredients
- Presentation
- Nutritional Values
- Creativity

