

Intra Competition for the Month of July - 2019 Class: V

Date: 3-7-2019 (Wednesday)

Name of the competition: Salad Making - Individual Event

Theme: Fruit Salad

Rules and instruction: Students are expected to bring gloves, bowl, spoon, ingredients needed for fruit salad (firmly packed), hand towel

Duration: 35 minutes **Criteria for Judgement:**

- . Choice of fruits
- Presentation
- Nutritional Values
- Creativity

