

**SAN ACADEMY, NARAYANAPURAM, PALLIKARANAI**  
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## Save our environment



**T**rees are our source of oxygen. Unfortunately many trees are cut down due to modern civilization and this deforestation certainly reduces the green cover. Growing more trees will result in improved oxygen levels.

Students are the most powerful stratum of society. Hence, it is vital for them to know the importance of the environment and the sustainability of nature.

Students should understand the need for protecting the environment and should be prepared to fight against the contamination of the atmosphere, as today's student is tomorrow's citizen. They should show their consciousness and save various energy sources by going on foot or bicycle to schools and other places. They also need to promote plantation in surrounding areas. They ought to implement the proper strategy of the 3 R's: reduce, reuse and recycle and judiciously utilize all resources. As the famous saying goes 'We don't inherit the earth from our ancestors; we borrow it from our children.'

**Darshan**, class V, San Academy, Pallikaranai

# ACT WISELY TO SAVE EARTH

**A**s students, it is one of our primary responsibilities to contribute to the wellness of our planet Earth.

**📌 Actions for the Eleventh Hour:** Stop deforestation and plant more trees. We should create awareness among the people, that cutting trees will cause soil erosion, uneven rainfall, a lack of oxygen and so on. This will enable all living beings to live in a balanced ecological ratio.

**📌 Renewable energy:** We should create and spread awareness that burning fossil fuels for energy generation will cause an irreparable damage to the environment. It is high time that mankind moves towards alternate renewable energy sources.

**📌 Reusable bags:** Great environmentalists have recommended stopping one-time usable plastic materials and have suggested using fabric handbags, glass bottles and iron materials. We should carry steel or fabric pencil pouches to school.

**📌 Conserve and Save water:** We should keep in mind that water cannot be produced or manufactured. Water comprises 70% of the whole planet, of which only 1% - 2% of water is fresh and consumable. It is our duty to use



the available water wisely and conserve water. We should spread awareness and take efforts to reuse water and carry out rain water harvesting. We should also provide water to animals and birds during summer to quench their thirst.

**M Jayavarshini, class V,  
San Academy, Pallikaranai**

## UNITY IN DIVERSITY

**I**n our country, we have been provided with some fundamental rights which include freedom of many things like education, speech, etc. But have we really been given freedom with regard to all of this? When we hear the word 'Freedom', people might start making their own perception. Some may take it lightly and misuse it while others may make ample use of it. I believe that freedom has both a good and bad effect. It can either make a person or break a person. It can make a person independent or lead them into bad company. Our leaders never fought for the freedom of caste or religion, but for the entire nation. Governments should not encourage caste-basted reservations, but treat everyone equally. It's high time we encourage people by their talents and not by their caste. The present generation should understand the importance of freedom and insist on unity in diversity, so that our nation will reach greater heights.

**Sabareeshwer, class VIII,  
San Academy,  
Pallikaranai**



## FREE OF DOOM!

I think freedom is mandatory, whomsoever it concerns. Many people think of it as fights, struggles and pain. The positive side (as I think) is peacefulness, and an ambition to do whatever we want. I also like to think of it as 'Free of Doom', shortened into a single word. The thing is, people need to BELIEVE in it. What if Mahatma Gandhi never believed in freedom? We would never be free, from the British rule. Same applies to others as well. You believe in freedom and equality, you're set to rule the world, in peace and ambition. Second of all: loyalty. Be loyal to everyone, especially people who prove the truth. As we know, freedom comes in different ways. What if Indians went to the British side? By now, all our resources would have been taken and led us to a bad state. Loyalty and freedom may be totally different for you, but they are interrelated. Freedom did not or will not come to us because people took sides with the British! Loyalty acts on its own in many ways and this is the purest form of truth. The last two wars were for freedom and independence; let us not have a third war! We shall not fight or betray others for freedom from now on, instead, we should make sure everyone gets equality and freedom based on the loyalty they deserve.

Lakshita M, Class VI,  
San Academy,  
Pallikaranai

## A CRIME-FREE WORLD


Freedom is something that needs to be cherished, something that shouldn't be misused and should be treated the way it is given to us. My idea of freedom is a crime-free world, where anyone can be free, without having the fear of being attacked. Even though we take several steps to improve women empowerment, women are still scared to go outside onto the streets. I've always seen boys go out to play cricket, but sometimes my mother would refuse to send me out as there were only boys playing on the street. The elders in my family wouldn't even allow us to go to the shop, one house across the street. I understand that it is for our safety, but can't the world become crime free? Apart from all of this, even if we go outside alone we will have a fear inside us, because of all the news and cases that we see on TV and read in the newspapers. So if this freedom is being given to us, we must use it wisely and well.

**S Nithilamala, class VII, San Academy, Pallikaranai**



## FREEDOM WITH NO LIMITATIONS!



The true meaning of freedom is getting an opportunity to know our strength and weakness, which in turn helps us to be strong and to face the world without any fears. Children may think of freedom as a license to do whatever they want to do and there would not be any restrictions imposed upon them. I believe that freedom has both good and bad effects. It can either turn a person into a legend or break a person.



According to me, the real meaning of freedom is no limitations or restraints, living the way I want to, wearing clothes that I like, eating what I relish, speaking to whomever I want to, going wherever my mind wanders, choosing my own extracurricular activities, connecting with our responsibilities by taking charge of things, questioning everything and following our dreams without any bond or fears. If one uses the given freedom in the right way it will make a person bold, and independent, give him the ability to handle difficult situations with ease and take the right decisions. Freedom with no limitations is something that allows you to do anything without the fear of being judged by others, unless some harm was done to others physically or mentally. This kind of freedom allows me to enjoy each and every second of my life. It gives me immense happiness and satisfaction.

To conclude, freedom does not mean we can do whatever we want, it is a space where I can express my views and live life on my own terms responsibly. I hope for the best and let time be the one to give freedom to everyone!

C S Akshay Khanna Reddy, class VII, San Academy, Pallikaranai



**I**n this world, there are many questions which have multiple answers. 'The secret of lifelong friendship' is one such question. The answer to it is pretty simple- 'Trust'. There is no better way for a lifelong friendship to flourish. Trust is something that is shared between two or more people. Trust once broken can never be regained. But if there is a misunderstanding, one of them has to break the ice and apologize. Ego has no place in true friendship. Another way to achieve lifelong friendship is by just being yourself. Not many people realize that being themselves can lead to an amazing friendship. What more would we want than a person with whom we can be ourselves without having the fear of being judged?

## **BE YOURSELF!**

**Srilekha Tadikamalla,**  
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