

### SAN ACADEMY, PALLIKARANAI

MONTHLY
NEWSLETTER
JULY'23

ISSUE 18

VOLUME'4

### **CHRONICLES**

- Special assembly
- Field trips
- Workshop
- Grandparents day celebration
- Investiture ceremony
- Club Activity
- Intra Competition
- No bag day
- Reading activity
- KG Special events
- POCSO orientation
- Rajapurashkar Test camp
- Awards, Accolades & Appreciation



Integration of arts in curriculum through Experiential learning.

A CBSE CBP program was conducted on integration of arts in curriculum through Experiential learning. The resource persons were Mrs k. Uma and Mrs. Maya sivaramakrishnan. Arts create a better learning environment and a fun way of learning. Teachers were encouraged to implement VARK and SMART goals in the classroom. It was a very informative and useful workshop

- Ms. Shabana Ali











## FIELD TRIP - ECO PARK, PALLIKARANAI 4.7.2023

Students of Class1 went to field trip - Eco park pallikaranai on 4/7/23.

Students enjoyed by seeing the different plants and trees with the botanical names.

They sat together and had snacks and lunch. Children identified the chameleon which they learnt.

The day was full of fun and joy.

- Ms. Uma









#### POST OFFICE PALLIKARANAI 5.7.2023



Students of class 2 went to a field trip - Post office -in Medavakkam on 5/7/23. Students enjoyed and learned about stamps, Pincode and different types of post card and letters like inland letters, book post. And primary function of Post office and also about post office bank - Ms. Vidya L











#### MAHABALIPURAM 11.7.2023

On July 11, 2023 students of class X had a trip planned to Mahabalipuram. We, Sanities started the day from school at 9:30 a.m. We enjoyed the long drive to Mahabalipuram. Mahabalipuram is an important port town during India's early history and developed as a key center for artistic activity under the patronage of the Pallava rulers. Narasimhavarman I, who took the epithet Mamalla (meaning "great warrior"), ruled for about 38 years beginning in 630 C.E. and sponsored a large number of rock-cut monuments at Mamallapuram, including cave shrines, monolithic temples, and large sculptures carved out of boulders. While the Pallava kings primarily worshipped the god Shiva, they also supported the creation of temples dedicated to other Hindu gods and goddesses and to other religious traditions such as.

At Ila.m, we first visited Sea Shore Temple. Sea Shore Temple is a structural temple, built with blocks of granite, dating from the 8th century AD. At the time of its creation, the site was a busy port during the reign of Narasimhavarman II of the Indian Pallava dynasty. As one of the Group of Monuments at Mahabalipuram, it has been classified as a UNESCO World Heritage Site since 1984. It is one of the oldest structural (versus rock-cut) stone temples of Southern India.

Next we all visited a strange 250 ton rock boulder i.e The Krishna's Butterball. It is known as Stone of Sky God. This is one of the most exciting tourist places in Mahabalipuram due to the mysterious scene it presents. It seems that this giant boulder, known as Krishna's butterball refuses to give in to gravity, no one is quite sure why. This place is the perfect destination to spend some great time with family and kids. Tourists love to capture pictures while posing at different angles around the rock. Krishna's Butterball is the ideal place for aged people to sit and chat. Also, this place offers a huge ground where the kids end up to enjoy a lot.

We came back to school around 3p.m. It was a historical, memorable and informative field trip that the school has organised for our class.

- Ms. Mahalakshmi C











# FIRE STATION 11.7.2023

Finally the most awaited moment for the students' is here! What a day to visit the Fire station! Sanites of grade 3, were eager to visit firestation. The students were introduced to the work of firefighters, witnessed firefighting equipment, and learnt a lot about fire safety measures. The visit left a long lasting impression, fostering appreciation for the bravery and dedication of firefighters and promoting awareness of fire prevention among the students.

- Ms. Harini



#### ST.GEORGE FORT 11.7.2023

The students of class IX were taken on a field trip to Fort St. George, Chennai on 11.7.23. The santities started their journey from the school premises at 9.30 am. We arrived at Fort St. George at 11.00 am. and were greeted by our knowledgeable tour guide. Our tour began with the Fort Museum, which showcased a wide array of artifacts, documents and exhibits related to the colonial era. The museum had a remarkable collection of weapons, uniforms, couns, paintings and historical documents. It provided us with a glimpse into the lives of British soldiers and administrators, who resided within the fort. Through out, the tour our guide shared intriguing anecdotes and historical facts making the experience both educational and engaging. The students were encouraged to ask questions and their doubts were clarified, further enriching the understanding of the first's history.

The trip provided a deeper appreciation for Chennai's historical significance and the impact of British colonization in India.

Overall, the field trip to Fort, St. George, Chennai was a memorable experience that left a last impression.

- Ms. Chandra









### ANNA CENTENARY LIBRARY 12.7.2023

The students of grade 6 we're taken to Anna Centenary library as a part of their educational field trip for term 1.

This trip gave an insight to the students about how many different genre of books are there. How the books xan be maintained neatly for easy reference, this helps the students to up keep their own books. It also signifies the importance of reading and how one gains confident by reading books.

The neat presentation of the books labelled perfectly instills the value of perfection in them.

Overall it was a wonderful trip which gave a platform to the students to learn about various books.







#### CONNEMARA LIBRARY 13.7.2023

The students of grade 7 were taken to Connemara library as a part of their educational field trip for term 1.

This trip gave an insight to the students about how many different genres of books are there. How the books can be maintained neatly for easy reference, helps the students to upkeep their own books. It also signifies the importance of reading and how one gains confidence by reading books.

The neat presentation of the books labelled perfectly instills the value of perfection in them.

Overall it was a wonderful trip which gave a platform to the students to learn about various books.



#### VEDANTHANGAL 14.7.2023

To protect these birds and their species, bird sanctuaries are built. They are natural facilities that serve the conservation of various species and also their natural habitat. Further, it promotes the survival and rehabilitation of these birds. To make the students understand the various species of birds and how they are an integral part of nature, the students of class 8 visited Vedanthangal Bird santuary on 14th July 2023. The students enjoyed to witness the serene beauty of the brids, their chirping sound and the way they communicated with each other. It is surely considered as a stress buster for human beings as the chirping sound and colourful appearance makes one forget their worries. The students were excited to witness the same and throroughly enjoyed this educational field trip









<₽











#### GRANDPARENTS DAY 10.7.2023

Grandparents Day was celebrated on July 7, 2023, at San Academy Pallikarnai in Chennai. The event was organized for Class I students, who eagerly invited their grandparents to join the celebration. The students added to the festive atmosphere by dressing up in traditional attire, showcasing their cultural heritage.

The programme commenced with the rendition of the Tamizh Thai Vazhthu, followed by the school song, filling the air with enthusiasm and pride. Ms. Anitha delivered a warm and welcoming speech, expressing gratitude to all the grandparents present. The Principal, addressing the gathering, shared heartfelt words about the importance of grandparents and their role in shaping the lives of their grandchildren.

The students took the stage to perform a graceful welcome dance, captivating the audience with their talent and dedication. They also presented a touching song, expressing their heartfelt appreciation and love for their shining stars, their grandparents. As a token of love and gratitude, the students had crafted valuable gifts for their grandparents, which were presented to them during the event.

One of the highlights of the day was a joyful ramp walk, where grandparents proudly walked hand in hand with their grandchildren, showcasing the beautiful bond they shared. The grandparents took this opportunity to exhibit their inborn talents by singing songs, reciting poems, and chanting mantras, leaving everyone impressed.









Musical Circles, a fun-filled and energetic game, added to the merriment of the day, with everyone participating and enjoying the experience. The Principal had the honour of awarding prizes to the winners, appreciating their efforts and encouraging them to continue pursuing their passions.

The event reached an emotional peak as the grandparents shared their heartfelt feedback, expressing their joy, appreciation, and pride in witnessing their grandchildren's performances. Their words of wisdom and encouragement touched the hearts of everyone present, leaving a lasting impact.

The grand celebration concluded on a high note with a vote of thanks and the singing of the National Anthem, symbolizing unity and patriotism. The event was a resounding success, fostering a sense of love, respect, and gratitude towards grandparents among the students and reminding everyone of the invaluable role they play in their lives.

Overall, the Grandparents Day celebration at San Academy Pallikarnai was a memorable and heartwarming event, bringing generations together and celebrating the beautiful bond between grandparents and grandchildren.



#### - Ms.Mahalakshmi







# WORLD CHOCOLATE DAY 7.7.2023

There is nothing better than a friend unless it is a friend with chocolate.

Be it ice-creams, lollipops, gummies, doughnuts, puddings, or a cup of hot chocolate, most children love relishing chocolate in every form possible. The food that excites kids is chocolate. This rich, flavourful, creamy delicacy is something that the kids cannot say no to. Children are always active and playful. They always need a lot of energy throughout the day. Dark chocolates are known to be a storehouse of energy. San Academy kids celebrated World Chocolate Day. They were eager to know that Chocolates are the powerhouse of antioxidants which helps in neutralizing the free radicals. They also learned that chocolates are made from cocoa beans and it is available in different flavours. Children were involved in making a take home - Hot chocolate cup card. The joy of celebrating Chocolate Day with their classmates was seen on the gleaming faces as the tiny tots bits good by for the day with bliss full memories.

Chocolate for kids is a delicious treat that they happily gobble down. Are you ready to gobble one bite of it.























#### FISH FARMERS DAY 10.7.2023

The assembly commenced with Tamil Thai Vazhthu followed by the school song. The students presented a speech on the topic with the news for the day. It was followed by a musical performance on the keyboard after which the quiz on the topic was presented. A mesmerizing dance performance enthralled the audience. The principal addressed the gathering and also distributed the prizes to the students and teachers. The assembly was really interesting and informative



























#### POPULATION DAY 11.7.2023

The assembly started with 'Thamizh Thai vazhthu' sung by the students and followed by our school song.

Students of Class II C performed dialogue conversation on the facts of world population day, speech on history about it and quiz was conducted by a student which made assembly interactive. Our principal ma'am presented an award for a student for yoga competition followed by certificates to teachers for attending workshop on NCF. Students enjoyed by watching their teachers receiving certificates. Our Principal ma'am addressed the gathering. Assembly concluded with National anthem.









#### INTERNATIONAL ROCK DAY 13.7.2023

International Rock Day has been created so that people all around the world can learn more about rocks. It's not about rock and roll music; it's all about the stone variety! Rocks play a big role in the environment, and they have been used by humans for many purposes over the years. The Class 4A assembly commenced with the Morning prayer followed by school song and Thought to the day, Speech on the International Rock day and allowing benefits and uses of it. News of the week are burinday wishes for the birthday champs, burieds actively participated and exhibited their talkers. The assembly ended with prize distribution for few stude as for their achievements in different fields and National anthem.

























2023 -24



### **BASTILLE DAY** 14.7.2023

San Academy Pallikarnai Celebrates Bastille Day with Vibrant Assembly Chennai, July 14, 2023 - Students of Class X at San

Academy Pallikarnai in Chennai celebrated Bastille Day today with an engaging assembly that showcased a variety of programmes highlighting the significance of this historical event. The students exhibited a potpourri of activities, including speeches, news presentations, and more, captivating the audience and creating an atmosphere of learning and celebration. The assembly commenced with the enthusiastic participants welcoming the gathering, setting the stage for an enlightening session. The event began with an inspiring speech that provided an overview of the historical significance of Bastille Day, also known as the French National Day. The students eloquently shared the origins, key events, and the enduring impact of the French Revolution, fostering a deeper understanding among their peers and teachers.

The Principal of San Academy Pallikarnai, Mrs. Hemalatha Sooryanarayan, addressed the students and appreciated their exceptional performance during the assembly. She highlighted the importance of understanding historical events and the relevance of commemorating such significant milestones. She encouraged the students to continue exploring diverse topics and expand their knowledge beyond the confines of the classroom. The Bastille Day assembly at San Academy Pallikarnai was a resounding success, leaving the attendees inspired and enlightened about the historical significance of this important event. Through their engaging presentations, speeches, and performances, the students showcased their talent, creativity, and commitment to honouring and understanding historical events. The assembly served as a testament to the school's dedication to providing a holistic education that encourages students to embrace various cultures, values, and milestones that have shaped the world we live in today.



















WORLD DAY OF JUSTICE 17.7.2023

The students of class 7 D commenced the assembly with Tamil thai Vazhtu followed by the school song. The thought for the day was presented followed by the news for the day. The bulletin was quite interesting. A few students presented a dance performance on ' The rights of Human' which enthralled the audience. A speech on the topic was an eye opener for the students. The assembly ended with national anthem. Surely it was very informative and memorable session









#### NELSON MANDELA DAY 18.7.2023

The assembly started with 'Thamizh Thai vazhthu' sung by the students followed by our school song and birthday wishes.

Students of Class II D performed a speech about Nelson Mandela's life history and it's Key statement. Students took a pledge against racism and discrimination, one of the students dressed-up like Nelson Mandela and conducted 'SanPal News' interview. Last but not least we had a award function for Nelson Mandela.

Our Co-Ordinator ma'am addressed the gathering and assembly concluded

with National anthem.





#### MOON DAY 20.7.2023

Moon Day has been created so that people all around the world can learn more about the moon and know that it was the day when NASA Apollo II mission led by astronauts Neil Armstrong and Buzz Alsrin, successfully landed on the moon.. It's also to celebrate the historic landing on the moon.

The Class 4B assembly commenced with the Morning prayer followed by school song and Thought for the day, Speech on the Moon day and about the first landing on the moon was done with catching charts and it's facts was explained well by the students.. One student was dressed as an astronaut to make it more lively ..News of the week and birthday wishes for the birthday champs. Students actively participated and exhibited their talents. The assembly ended with prize distribution for few students for their achievements in different fields and National anthem.









#### **INCOME TAX DAY** 24.7.2023

The day started bright with the choir team singing tamizh thaai vaazhthu and the school song and the anchors welcoming the gathering.

The programme began with an elocution on the topics such as history of IT, black money and white money. Followed by a musical indulgence as the participants excelled themselves as singers, violinist and mridangist. Then came participants of debate who rivalled each other's thoughts and comprehension. Followed by the captivating thought for the day and subsequently came on to the stage, the dancers who made us dwell into the world of music and moves in par with the theme. Thenceforth it was the quiz and the news that brought the











assembly.





# KARGIL DIWAS DAY 25.7.2023

Commemorating the Kargil Vijay Diwas celebrated on 26th July every year, students of class I C paid tribute to our soldiers in their own little way. The speech by the students reminded us about the "What, Why, How, and When "of Kargil Vijay Diwas. Students paid their tribute to the heroes through a mesmerising dance drama. Students dressed up as soldiers enacted the sacrifices made by soldiers during Kargil war. In 'Salute to Kargil heroes' – students, held Kargil heroes' photos to remind themselves of the selflessness and courage of our soldiers. The assembly echoed the spirit of valour and patriotism.

Keep reaching for the st

PALLIKARANAI



#### **INDUSTRIAL WORKERS DAY**

27.7.2023

"Industrial Workers of the World" Day is celebrated on 27th of June. We the class IV-C studentshave conducted assembly on Industrial Workers of the World Day to remember the work of industrial workers all over the world and the inception of labor union - The Industrial Workers of the World (IWW). This date is chosen to be celebrated because it was on this day ,the IWW was formed in 1905. This day draws our attention to the workers and the critical role they play in producing goods that are very essential in our day-to-day life. Industrial Workers of the World Day also high lights the role labor unions have played in helping fellow workers, and specifically, it is dedicated to the Industrial Workers of the World .The Industrial workers assembly was truly an eye opener for our Sanites!













### NATURE CONSERVATION DAY

28.7.2023

Class IX B of San Academy, Pallikaranai comducted a general assembly as this day(28/07/2023) is celebrated as International Archieves day. Children showcasted the meaning of archieve with the importance of preserving all the documentaries. The aims and objectives of the day's celebration was presented by students wonderfully. This entire session was informative for students.





























#### WORLD RANGERS/DAY 31.7.2023

The student of class 7 F celebrated World Ranger day on July 31 as a special occasion to pay tribute and show gratitude to the courageous men and women who devote their lives to safeguarding wildlife and preserving our precious natural resources.

The assembly commenced with Tamil Thai Vazhthu followed by the school song. The students presented more valuable information on the topic through speech, posters, Ranger parade and quiz.

The speech given by our beloved principal and the prize distribution for the students who participated in athletics, chess, classical dance were also a part of the celebration. On the whole the assembly echoed the dedication, significance and important role of Rangers.























### INTRA COMPETITION 10.7.2023

On 10th july 2023 Intra competition held in their respective classrooms. This

Intra competition teaches students to step out of their comfort zone and perform new activities, which not only help them to learn new skills but also boost their confidence. It is essential to introduce competitions right from the Kindergarten section as they help little ones to learn the value of working hard and develop self-esteem and self-efficacy. Exposing

children early helps them to maximize their true potential and real-life lessons about winning and

losing.

Healthy competition helps children with many benefits by encouraging positive feelings in and out of

school, develops important life skills like empathy, expands comfort zone and helps them to learn

from failure.opportunity.

To encourage and showcase the speaking and creative skills of children, Nursery kids did a Fancy dress competition about My favourite sports person. They had an opportunity

to showcase their talent, to develop confidence and overcome fear of public speaking.

Jr kg did a Thumb printing based on My garden theme with lots of effort ,Choice of colour,creativity and neatness .

SR.KG did a Clay modelling with a topic boy/girl with excellent creativity, resemblance to the theme with amazing colour choice and combination with wonderful presentation. Finally winners of the competition will be awarded with certificates and medals at the end of





### Topic Class I: Acronym Topic Class II: Snap Elucidation

Memories are a precious gift. They are snapshots of our lives, capturing moments that we can cherish forever. Students of class II elucidate their sweet memories through elocution by showing their snaps and Students of class I delivered different acronyms creatively with great enthusiasm.



The writing competition for the brilliant minds of classes 3, 4, and 5 left us spellbound with their creativity and imagination! Our young students poured their hearts into their essays, showcasing extraordinary talent. On the topic "what makes your school special?" students painted the picture of classrooms filled with joy and laughter. On the topic of super powers of their choice they sketched out fantastic scenarios like flying high in the sky to healing the sick. Students showcased their playful side when they wrote about their imaginary friend. Ultimately, every child's participation was celebrated and rewarded with appreciation.









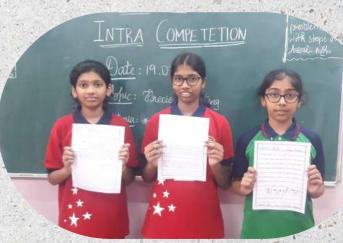
Writing skills are important for better Communication. The practice of writing enhances Creativity, sharpens memory, makes one a better writer, improves self expression.

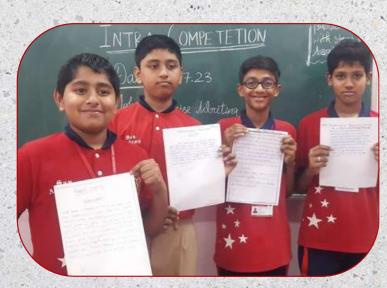
The topic for Intra for the month was' Precise Writing'. Precise writing differs from general writing. It focuses on eliminating any unnecessary words or details, while still maintaining clarity and precision. The purpose of precise writing is to emphasize that one is referring to an exact thing, rather than something vague.

The students from grade 6-8 were shown a passage on a few topics. Grade 6 - The teacher I like the most, Grade 7 - How to keep fit and Fine and for grade 8 - Healthy Teeth.

The students read the paragraph twice or thrice and then using their creativity and ideas wrote the same paragraph in their own words keeping the meaning of the passage intact and did not deviate from the main idea of the paragraph. The students loved to re write the paragraph which kindled their creativity.









On July 19, 2023, an intra-competition was held for students of grade 9 and 10. The competition aimed to assess the participants' ability to summarize and report on the day's news, specifically covering politics, education, weather, and sports. Each participant was required to write a concise report ranging from 100 to 150 words.

#### **Competition Details:**

The competition took place in the respective class rooms, where participants were given access to various newspapers published on the day. They were required to thoroughly read and comprehend the news articles related to the four specified categories. Participants were allowed a time limit of 45 mnts to compose their reports.

The intra-competition held on July 19, 2023, provided an opportunity for students of grade 9 and 10 to showcase their writing and summarization skills. The competition assessed their ability to report on the day's news across different categories, including politics, education, weather, and sports. This exercise aimed to enhance their understanding of current affairs while honing their communication skills. The event fostered a spirit of healthy competition among the participants, encouraging them to stay informed and engage with the world around them.





### **CLUB ACTIVITY 12.7.2023**

Club activity enlightened young children with fun and curiosity. Class 1 students to become orators and with the help of teachers used flashcards and built

new words is what acronym all about. Whereas class 2 children enthusiastically bought family photos stick

to chart papers and decorated using sketch pens and finally gave a title to their photograph. By this students learnt how to create a headline or title for a photograph.









To enhance general knowledge and reading fluency, children participated in a captivating activity of reading news articles from newspapers. Their enthusiasm was evident as they delved into current affairs, discussing significant events and gaining valuable insights. This engaging exercise not only fostered their reading skills but also expanded their





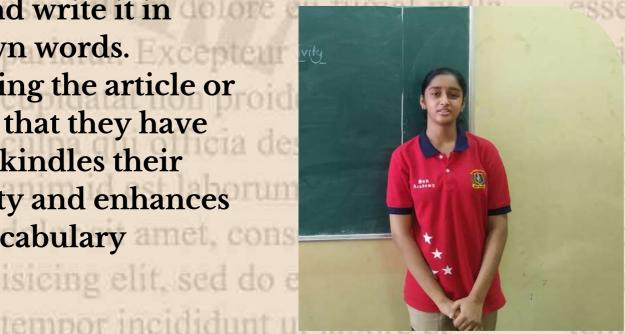


Club activities gives an opportunity to the students to learn and do various things on their own.

Revise and redraft helps the students to read something to revise the same and write it in their own words.

Redrafting the article or passage that they have revised kindles their creativity and enhances their vocabulary









San Academy, Pallikaranai conducted a club activity for students of class IX and X on the topic 'News Bulletien' where students were asked to collect headlines of the day's newspaper and anchor on their thoughts.

Active participation of students were found which enabled them develop communication and Interpersonal skills by summarizing the entire news.





### YOU-TURN PROGRAMME DATE: 13.07.2023

Time: 2:00 p.m. to 3:00 p.m.

Venue: Basketball Court Topic: Gender Sensitivity Facilitator: F5 Moments

Participants: 340 Students from Class 8 & 9

Programme Highlights:

- Programme was started by welcoming the 13 crew members of F5 Moments
- Introduction about F5 moments and You-Turn Programme
- Felicitation by Principal with sapling and mementos to Mr. Renin, the Chennai coordinator of F5 Moments
- Energetic and entertainment performance by the crew members which made the students to involve and be on their track
- Motivational speech was given to the students on uniqueness and gender sensitivity
- Areas covered: Irrespective of gender, books should not be judged by its cover, each and every one of us is unique, approach to other people with smile and respect and ignoring the people who is body shaming and discouraging
- 3D's Discover, Develop and Destiny
- The F5 team members honored our principal by presenting a memento and she appreciated them for their excellent performance
- The session was ended up with a thanks note given by a class 9 student.





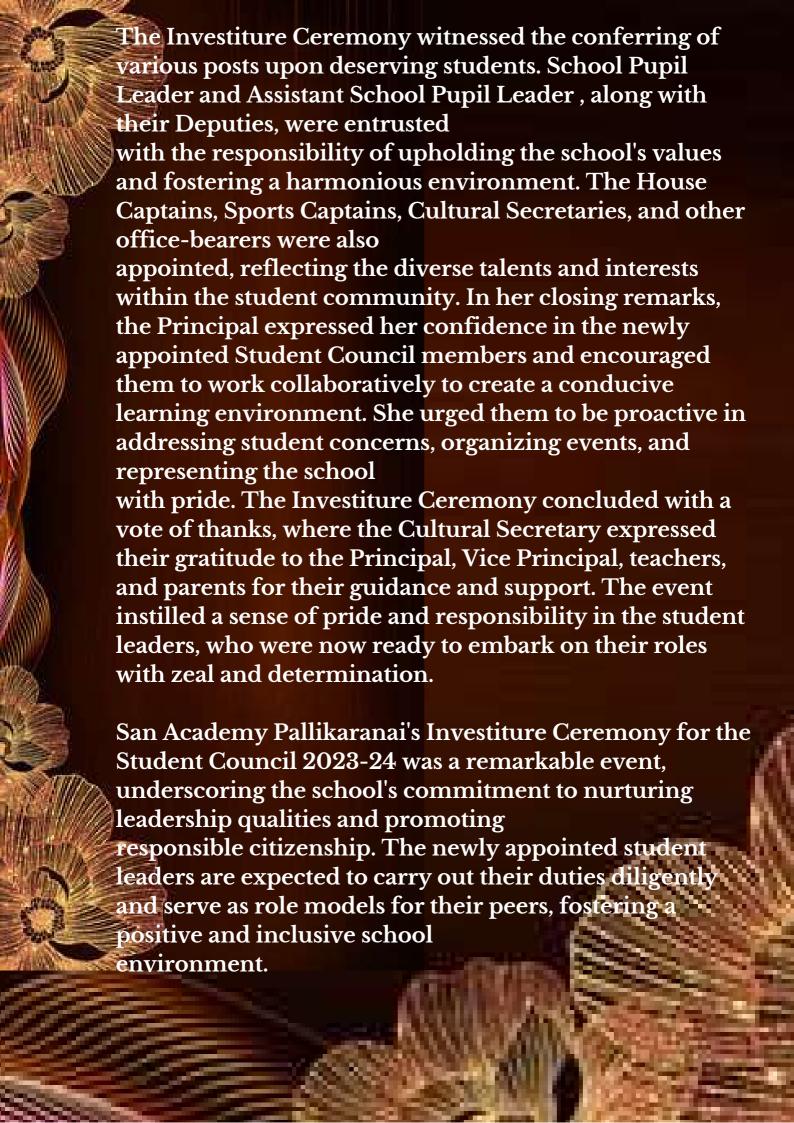
San Academy Pallikarnai Holds Investiture Ceremony for Student Council 2023-24 Chennai, July 15, 2023 - San Academy Pallikarnai in Chennai conducted its Investiture Ceremony today, appointing the Student Council for the academic year 2023-24. The ceremony, held with great

pomp and enthusiasm, saw the installation of student leaders who will assume various important positions within the school's administrative structure. The event was graced by the presence of Mrs.

Hemalatha Sooryanarayan, the Principal of San Academy Pallikarnai, Mrs. Melita, the Vice Principal, and the esteemed guest of honour, Ms. T. Pushpam, Inspector of Police.

The Investiture Ceremony began with a grand procession, where the newly elected members of the Student Council, adorned in their respective sashes and badges, marched with pride and dignity. The school band played a vibrant tune, creating an aura of excitement and anticipation among the audience. The Principal, Mrs. Hemalatha Sooryanarayan, delivered an inspiring speech, emphasizing the significance of leadership and responsibility. She highlighted the role of the Student Council in fostering a positive school environment and encouraged the members to lead by example, displaying integrity, discipline, and compassion. Followed by the oath of office to the newly elected members. Each student took a solemn pledge, promising to fulfill their duties and responsibilities to the best of their abilities. The oath-taking ceremony symbolized their commitment to serving the school and its student body with dedication and sincerity.

The Guest of Honor, Ms. T. Pushpam, Inspector of Police, addressed the gathering and congratulated the newly appointed student leaders She emphasized the importance of leadership and the role of discipline and teamwork in achieving success. Ms. Pushpam shared valuable insights from her professional experiences, inspiring the students to strive for excellence and contribute positively to society.

























#### NO BAG DAY 15.7.2023

Students of class 1&2 had No Bag Day on 15th of July. They had 3sessions powering communion, the universal scripture and fun corner. In the Powering Communion, students were taught the difference between American accent and British accent with example words and stories. In the universal scripture session kids were taught few thirukural with their meanings and hindi pronunciation. Students enjoyed making colourful photoframes and different geomentric shapes using icecream sticks during the fun corner session. This, No Bag Day was overall a wonderful fun learning for the kids.









#### **Embracing Learning Beyond Textbooks:**

In an endeavour to promote holistic education and foster a deeper understanding of the world, San Academy Pallikarnai (Primary wing) organized the "NO Bag Day." Students were encouraged to leave their textbooks and other school supplies at home and participate in a variety of activities that focused on language, culture, and the environment. The day was filled with engaging activities that encouraged exploration, creativity, and cultural awareness.

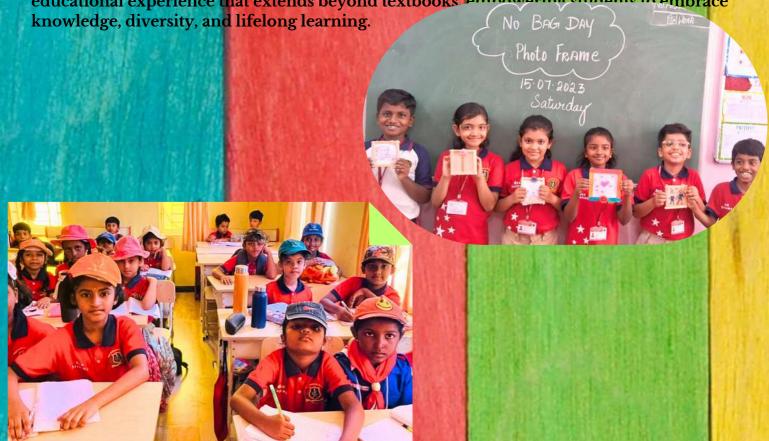
One of the highlights of NO Bag Day was the "Power communion" session, where students delved into the intriguing differences between American and British English. Through interactive discussions and engaging exercises, students learned about distinct vocabulary, pronunciation, and even spelling variations. This exercise not only enhanced their language skills but also broadened their cultural horizons, fostering an appreciation for linguistic

Another exciting activity centred around handicraft making with palm leaves. Guided by skilled artisans, students had the opportunity to learn traditional techniques while creating beautiful handicrafts. This activity encouraged creativity, resourcefulness, and an understanding of sustainable practices. Students were enthralled as they weaved palm leaves into intricate patterns, realizing the importance of preserving traditional crafts and the value of eco-friendly materials.

Furthermore, the wisdom of Thirukkural, the renowned ancient Tamil text, was imparted to the students. Thirukkural contains valuable teachings on ethics, morality, and life principles. Facilitators conducted interactive sessions where students explored the meaning and relevance of various couplets. The wisdom in Thirukkural helped instill positive values, critical thinking skills, and a sense of cultural heritage among the young learners.

Through exploring language differences, creating handicrafts, and imbibing the wisdom of Thirukkural, students gained valuable insights that will shape their academic journeys and contribute to their holistic development.

In the spirit of NO Bag Day San Academy reaffirms its dedication to providing an enriching educational experience that extends beyond textbooks knowledge, diversity, and lifelong learning.





## **CARPENTRY** 15.7.2023

Carpentry mainly involves the joining together of wooden pieces and finishing the surfaces after shaping them.
Students of class 6 to 8 actively participated in this activity.

Children developed an understanding of measurement, size, balance and use of force as well as learning to solve problems.

Mr.Felix explained how to make the rough surface of a smooth and soft with the help of rubbing the salt paper and also how to apply Varnish to give the shine to the surface. Children had hands on experience on the same and enjoyed the session.









## HORTICULTURE 15.7.2023

Horticulture is the science and art of growing plants (fruits, vegetables, flowers, and any other cultivar). It also includes plant conservation, landscape restoration, soil management, landscape and garden design, construction, and maintenance, and arboriculture.

The activity was conducted on 15 July 2023. Mr.Sankar has narrated about hydroponics.

The maintenance and benefits of hydroponics was explained in a detailed manner.

The students were excited on seeing the water plants (hydroponics).







San Academy Pallikarnai Chennai - Empowering Students with Vocational Skills

San Academy Pallikarnai recently organized an engaging and educational event centered around food processing and vocational skills for students of Class VI-VIII. The main aim was to empower the young minds with knowledge about healthy eating habits, the importance of a balanced diet, and practical skills in various vocational fields.

The event began with an enlightening session on the significance of incorporating colourful fruits and vegetables in daily meals to ensure a balanced and nutritious diet. The concept of a Rainbow Salad was introduced, illustrating the diverse nutritional benefits offered by each ingredient.

The students were divided into small groups, actively participated in the salad preparation process. They were provided with fresh and wholesome ingredients like carrots, cucumbers, beetroot, cheese, roasted ground nuts, and cooked moong dal. Under the guidance of teachers and facilitators, the young chefs-to-be washed, chopped, and creatively assembled their salads.

Following the salad preparation, each group proudly presented their vibrant creations to their peers. It was heartening to witness the students confidently explaining the nutritional value of each ingredient, showcasing their understanding of healthy food choices. The event didn't stop at food processing alone; the school took the opportunity to further enrich the students' educational experience. In conjunction with the "No Bag Day" initiative, vocational sessions were conducted in various fields, including carpentry, horticulture, food processing, and electrical technology.

These sessions allowed the students to explore practical skills beyond the traditional classroom setting. They had the chance to learn basic carpentry techniques, gain insights into horticultural practices, understand food processing techniques, and get hands-on experience with electrical technology. The exposure to diverse vocational fields aims to encourage students to discover their passions and potential career paths.

The enthusiasm exhibited by the students throughout the event was infectious. Their eagerness to taste and present their colourful salads to their peers demonstrated the effectiveness of hands-on learning in promoting healthy eating habits. The joy on their faces was evidence of the positive impact such initiatives can have in nurturing a future generation that is health-conscious and well-informed about nutrition.

Additionally, the vocational sessions piqued the curiosity of many students, igniting their interest in practical fields beyond academics. The interactive nature of the sessions sparked a newfound appreciation for various vocations and fostered a sense of exploration among the students.



## ELECTRICAL TECHNOLOGY 15.7.2023

On account of "No Bag Day," a session on Domestic Electric Circuit -Electrical Technology "was conducted for Class 6, 7, and 8 by Ms.Naharenjini in the Conference Hall.

The session started with some recap about the previous session on the basics of electrical technology, followed by the explanation of a basic electric circuit, series, and parallel circuit. A presentation about how we get electricity to our house was also discussed.

It was an interactive session.

At the end of the session, students were able to:

Define the need for a series or parallel electric circuit.

Understand how electricity reaches our household.

Explain the terms like fuse, circuit breaker, and earthing.

The students were encouraged to make a simple /series /parallel circuit.







### DESIGN THINKING 15.7.2023

Sketch and colour your journey as a story Design thinking is a methodology for solving problems that focuses on asking questions and listening, with empathy, to the needs of individuals and groups. Storytelling is an "essential human activity" for sharing experiences, explaining values, and deciding on solutions through vivid verbal and visual accounts

Students of class 6 to 8 actively participated in this activity.

Benefits of story telling:
Promote a feeling of well-being and relaxation
Increase children's willingness to communicate thoughts and feelings
Encourage active participation
Increase verbal proficiency
Encourage use of imagination and creativity
Encourage cooperation between students
Enhance listening skills





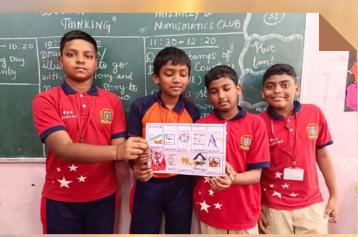




# PHILATELY & NUMISMATICS CLUB 15.7.2023

Philately and Numismatics Club Activity was observed on Saturday (15/07/23) in San Academy, Pallikaranai. Students were given a brief introduction about the Philately Club. The activity done during the session was drawing the stamps of different countries or design your own stamp. Students participated actively and designed their own stamps with creative skills. The activity kindled the interest of students to collect stamps and coins.









# **YUVA TOURISM** 15.7.2023

Yuva tourism Club Activity was conducted on Saturday (15/07/23) in San Academy, Pallikaranai. Students were given a brief introduction about the yuva tourism club. The activity done during the session was "writing story about your recent vacation". Students participated actively. The activity kindled the interest of students to write stories and visit many new places.







# **KARUNA CLUB 15.7.2023**

As a part of Karuna Club activity Grade 8 students created innovative and attractive things from the material we do not use anymore. In an initiative to generate the habit of using old things to create beautiful crafts among students, a 'Best Out of Waste Activity' was conducted on 15.07.28 as a No Bag Day activity.

The idea behind this concept is to use materials that would otherwise be thrown away and transform them into something new and useful. It is a simple yet effective way to promote sustainable living and reduce waste. One of the best things about 'best out of waste' is that it encourages creativity and innovation.

These showpieces and decor items add beauty to our homes although they are made from waste.

Students displayed their creative art and craft ideas by making home decors, greeting cards and many more. Best out of waste promotes environmental conservation and reduces pollution.











# INTRODUCTION TO BHARAT SCOUTS & GUIDES 17.7.2023











# READING MISSION 18.7.2023

The 28th National Reading Day was celebrated on June 19, 2023 in honour of late P.N. Panicker. Reading Month was also celebrated from June 19 to July 18, 2023.

Our month-long reading activity took students on a captivating journey to far-off lands. As pages turned, young minds travelled to different places, discovering new cultures, customs, and enchanting landscapes. The power of literature is undeniable—it tickles their imagination, fuelling dreams. From ancient civilizations to futuristic worlds, every book unlocks a gateway to boundless possibilities. Our students' horizons expand as they walk in the shoes of diverse characters. Just another step to kindle the joy of life long learning in our little ones.



#### SHOW & TELL 18.7.2023

Communication is usually defined as the transmission of information. Communication aim to provide a simplified overview of its main components and their interaction. Communicative competence is the ability to communicate well. It applies both to the capability to formulate messages and to understand them. Two central aspects are that the communicative behavior is effective, i.e. that it achieves the individual's goal, and that it follows social standards and expectations.

Show and tell for kindergarten is held to develop their communication and confidence level of speaking about their theme.

Jr.kg kids talk about different community helpers based on the theme community connect..

Community service is unpaid work performed by a person or group of people for the benefit and betterment of their community without any form of compensation. They told more information about Doctor, Teachers, Pilot, Farmer, Soldier, Baker, Policeman, Astronaut and many others who are our day-to-day helpers.

Sr kg kids performed on their theme Our body system and showcased more information on tonics

information on topics

Sense organs
Internal organs
External organs
Balanced diet
Skeletal system/ Digestive system
Body Hygiene











### POCSO Orientation to Drivers and Attenders 21.7.2023

Time: 11:30 am - 12:00 pm

**Venue:** Conference hall

**Meeting Highlights:** 

- \*Welcoming new attendees
- \*Recap about POCSO
- \*Mode of communication with students, teachers and staff members
- \*Grooming personality traits
- \*Discussion on challenges faced by the drivers and Attenders during pickup and travelling
- \*Students making fun of staffs while traveling and treating them disrespectful (common concern)
- \*Attendance to meeting on a regular basis
- \*Awareness about POCSO Act to our own children



#### POCSO orientation to teachers(6-8 teachers)

Time: 1:00-2:00 pm

Venue: IX-B Classroom (Second floor)

#### **Meeting Highlights:**

- \*Introduction about POCSO Act and POCSO committee in our school
- \*Moulding our students as they are in an appropriate stage of development
- \*How to handle the students in the pre-adolescent stage
- \*psychosocial and psychosexual education to be given to the students
- \*Discussion on gender discrimination, gender equality, body shaming, emotional stability, peer pressure, peer relationship with live examples and experience
- \*Parent orientation to be arranged
- \*Importance of class teacher bonding to keep the students in track
- \*Frequent instructions to cut down mobile phone usage to be given to students in all possible ways





Date: 21.07.2023

Time: 02:30 to 03:30 p.m.

Venue: Jr. Kg. A Classroom (Ground Floor)

Facilitator: Ms. Hemalatha Sooryanarayanan, Principal

In-charge Teachers: Ms. Mohana Priya J & Ms. Padmini Baskar

Participants: 13 committee members

Minutes of Meeting:

- Roles and responsibilities of each and every POCSO committee members
- It is not mandatory to share everything to all the members
- Sometimes it is important to keep something confidential that can be shared only with Principal
- Things to give more attention in general can be discussed in groups
- Preparation of confidentiality agreement and signature by all committee members
- Q&A session by principal to get suggestions from the committee members
- Emotional damage and stability of students, teachers and staffs in their day-to-day life
- Efforts to take care of mental health of the above
- Preparation of PPT to orient the students and teachers on

**Eye-contact** 

Respect

How to address others

Nonverbal gestures and cues

Interpersonal relationship

Peer relationship & peer pressure

Studying and working environment with opposite gender

Dealing with parents

Ethics to be followed in school

Working etiquette

Gender discrimination & gender equality

**Body shaming** 

**Racial Discrimination** 

Proper attire

- Parent counselling can be given to take care of mental health of the students, teachers and parents
- Expert addressing the students any special session can be arranged on POCSO awareness
- After school, the students are not allowed to spend time in the tea shop located outside the campus

# **RAJAPURASHKAR TEST CAMP**21.7.2023 & 22.7.2023

Rajyapuraskar Test camp for Scouts and Guides was conducted by Chennai city CBSE district on 27.07.2023 & 28.07.2023 at "D.B JAIN COLLEGE" in Thoraipakkam.

From our school 5 Scouts and 1 Guide of class IX participated in the camp.

Practical and written test were conducted for improving their abilities like Camp craft, Compass, Mapping, Flag procedure, First

aid and Hiking etc.









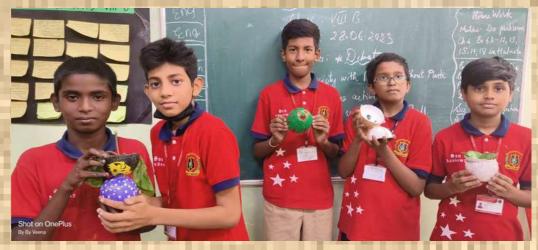
### NO TO PLASTIC 25.7.2023

Students of grade 7 enthusiastically participated in the Activity by emoting their thoughts through Group Discussion on facts about plastics and it's harmful effects. Coaster making using jute was their take-home activity both as a team and an individual. Students were explained about the refinement, cracking, processing and manufacturing of plastics.

It took the mentors by surprise as they brought out various points and nuances through their words in the worksheet. It was such a delight to see the middle schoolers taking up this 'cause and effect' solemnly and earnestly. These activities surely have made them understand the demerits and Ill effects of plastic usage and it was precisely evident by the way the students indulged in the discussions.









### ACHIEVEMENTS, AWARDS AND ACCOLADES

Tamil Nadu Airgun Association introduced a new discipline of shooting called "Benchrest shooting" and they conducted a selection competition for the upcoming National Tournament at Agra later in July 2023. Two students from San Academy, Pallikaranai Mohammad Farhan of Class VIII and Thota Revanth of Class VIII made us proud by participating in the selection event and also getting selected to represent Tamil Nadu at the National event in

the spatial and an and an anticol and and an anticol and and an anticol and anticol and an anticol and an anticol and an anticol and an anticol and anticol and an anticol and an anticol and an anticol and an anticol and anticol anticol and anticol and anticol and anticol anticol and anticol a

July 2023.



Master VIDYUTH M (4B) Got 4th position in (U10) & AADHESH NAMBI (9A) Got 9 th position in (U16) Tamilnadu State Level CHESS tournament conducted by Challengers Chess Academy at valluvar Gurukulam





Saicharan S of class 3C Participated in the 24th BSA Hercules Tamil Nadu State level Chess tournament on 8-9 July And bagged Second place in U-8 Category . He received a special Rolling Trophy for winning second place



Smruthi Ganeshkumar of IV D participated in the "Sanskrit Sloka Recitation Competition" organised by the "SamskritaSurabhi" Samskrita Basha Prachara Kendram, Trichy.
Smruthi was awarded 3rd prize.





Sidarth Sudharshan of class 8 D participated in the 2nd International Rapid FIDE Rating Open Chess
Tournament conducted at "Hall of Chess", Jawaharlal Nehru Stadium by "Capa Chess Academy on July 15th and 16th 2023. He won 4th place in the category 1300 - 1400 points.







Sai charan of Class III C, Pranav R of IX A & Vinoo varshan of Class IX C Participated and won special prize in the Chairman's trophy conducted by SRM Institute of technology, Kattankulathur



SK SHOTOKAN Karate Do India Youth sports organized 8th state level Shotokan karate championship at Raja thirumana mandapam, Avadi. Our karate champions of San academy, Pallikaranai has won several awards as below; Ritvik S of Class VI A Secured III Position
Nethra of Class VI B secured II Position
Varsha V of Class VI B Secured III Position
Kamalesh of Class VI C Secured II Position
Akshita D of Class VI D Secured I Position
Mohamed Raihan of Class VI E Secured I Position
Aarush of Class VII A Secured III Position
Lokeshwaran S S of Class VII A secured I Position
Priyadharshini R Of class VII A Secured II Position
Srinigaa K of Class VII C Secured II Position

Kevin Williams of Class VII F Secured III Position Siva sri sabareesh of Class VIII B Secured I Position

Surya E of VIII E Secured II Position Aysha of Class VIII B secured III Position

Vedha Y of Class IX A secured I Position and Mruthula R of class IX C secured III Position



BASKETEERS of San Academy, Pallikaranai Aditya somu of Class IX B, Prajjan B Of Class VIII A, Santosh viswanathan of Class IX B, Vishvaa V of Class IX D, Dharsha J of Class IX A, Jai akaash of Class IX B, Yaswanth Gowtham of Class IX D and Elantheeran P of Class IX B has secured III Position in INTER SCHOOL BASKETBALL CHAMPIONSHIP conducted by SP Sports academy at Nehru stadium, Chennai

Saicharan of Class 3 C has scored 7.5/8 rounds totally held and won the first position in under 8 category held at Dav school admbakkam.

B Adithya studying in III-A, had participated in South India level Open Martial Art Championship - 2023 (Silambam) and came in 2nd position and received Silver medal in individual category.





Sidarth Sudharshan of class 8 D participated in Queen Sacrifice Chess Tournament conducted at VR Mall, Annanagar by "Chenbai Chess Club" on July 23rd. He won 9th place in the open category and received cash prize of Rs.1000/-

Saicharan of class 3 c has won the second place in the chess tournament held at valluvar Gurukulam tambaram conducted by GM chess academy.





Saicharan of class 3 c participated in under 8 category in chess competition held at prince shri Venkteswara college Gowrivakkam and he secured third place.

Aravindh. S of class 10 b participated in the chess tournament held at valluvar Gurukulam tambaram conducted by GM chess academy and secured third place



#### **SPECIAL MENTION:**

V. Nethraa of class VI-A, being a part of Madipakkam Social Service team (doing plantation for the past 300 weeks around Madipakkam area) participated in various tree plantation program





### ACCOLADES

### GRANDPARENTS DAY, SPECIAL ASSEMBLIES AT SAN ACADE

randparents Day was cel-ebrated recently, at San Academy Pallikaranai in hennai. The event was organed for Class I students, who early invited their grandparents join the celebration. The stu-nts added to the festive atmosere by dressing up in traditionattire, showcasing their cul-ral heritage. The programme nmenced with the rendition of Tamizh Thai Vazhthu, foled by the school song, filling air with enthusiasm and de. Anitha delivered a warm welcoming speech, express-gratitude to all the grandpar-The principal, addressing gathering, shared heartfelt is about the importance of dparents and their role in ing the lives of their grand-

ne students took the stage to



erform a graceful welcome dance, captivating the audience with their talent and dedication. They also presented a touching song, expressing their heartfelt appreciation and love for their shining stars, their grandparents. As a token of love and gratitude, the students had crafted valuable

gifts for their grandparents, which were presented to them during the event. One of the highduring the event. One of the nign-lights of the day was a joyful ramp walk, where grandparents proudly walked hand in hand with their grandchildren, show-casing the beautiful bond they shared. The grandparents took this opportunity to exhibit their this opportunity to exhibit their inborn talents by singing songs, reciting poems, and chanting mantras, leaving everyone im-

pressed.
Musical Circles, a fun-filled and energetic game, added to the merriment of the day, with everyone participating and enjoying the experience. The principal had the honour of awarding prizes to the winners, appreciating their efforts and encouraging them to continue pursuing their passions. The event reached an emotional peak as the grandparents shared their heart-

felt feedback, expressing the appreciation, and pride in wing their grandchildren's pmances. Their words of wand encouragement touch hearts of everyone present, is a lasting impact.

The grand celebration cluded on a high note with of thanks and the singing National Anthem, symbol unity and patriotism. The was a resounding success, for a sense of love, respect, and tude towards grandparents at the students and reminding one of the invaluable role the in their lives Overall, the G parents Day celebration a parents Day celebration a Academy Pallikaranai was a orable and heart-warming tween grandparents and gran





CHENNAI: Tamil Nadu Airgun Association introduced a new discipline of shooting called 'Benchrest shooting' and they conducted a selection competition for the upcoming National Tournament at Agra later in July 2023. Two students from San Academy, Pallikaranai Mohammad Farhan and Thota Revanth of class 8 participated in the ction event and also got selected to represent Tamil

#### Overall champs in State-level athletics

CHENNAI: San Academy Pallikaranai, bagged the overall championship in Stata-level Athletic Championship organised by CP Sports Academy. Students secured 2 gold, 7 silver and 7 bronze medals in various categories. Vimaladithyan of class 10 bagged the individual championship





Pallikaranai 22

#### **READING ZONE AT SAN ACADEMY**

The DEAR (Drop Everything and Read) program was a huge success for our secondary grade students! If provided a valuable opportunity for them to enhance their reading skills, broaden their knowledge, and foster a love for literature. By engaging in regular reading sessions, students improved their vocabulary critical thinking abilities. cabulary, critical thinking abilities, and overall academic performance.

Classroom library has been a ame-changer for our students! With an array of books readily accessible, t has created a nurturing environnent for learning and exploration. The library has encouraged independent reading. It has enhanced their iteracy skills, fostered a love for read-ing, and improved comprehension.



Additionally, the classroom library has promoted a sense of community and sparked engaging discussions among peers. It has truly become a cherished resource for our students' academic and personal growth. As part of the reading zone, we encou age the students by taking them Connemera and Anna centenary

#### Broadening students' knowledge

CHENNAI: The DEAR (Drop Everything and Read) programme was a success for secondary grade students of San Academy, Pallikaranai. It provided an opportunity for them to enhance their reading skills, broaden their knowledge, and foster a love for literature. ly engaging in regular reading sessions, students mproved their vocabulary. itical thinking abilities, nd overall academic erformance. Classroom



library has been a gamechanger for students. With an array of books readily accessible, it has created a nurturing environment for learning and exploration.

The library has encouraged independent reading. It has enhanced their literacy skills, fostered a love for reading, and improved comprehension.



an Academy Pallikarnai in Chennai conducted its Investiture Ceremony recently, appointing the Student Council for the academic year 2023-24. The ceremony, held with great pomp and enthusiasm, saw the installation of student leaders who will assume various important positions within the school's administrative structure. The event was graced by the presence of Hemalatha Sooryanarayan, the Principal of San Academy Pallikarnai, Melita, the Vice Principal, and the esteemed guest of honour, T. Pushpam, Inspector of Police.

The Investiture Ceremony began with a grand procession, where the newly elected members of the Student Council, adorned in their respective sashes and badges, marched with pride and dignity. The school band played a vibrant tune, creating an aura of excitement and anticipation among the audience.

The Principal, Hemalatha

The Principal, Hemalatha Sooryanarayan, delivered an inspiring speech, emphasizing the significance of leadership and responsibility. She highlighted the role of the Student Council in fostering a positive school environment and encouraged the members to lead by example, displaying integrity, discipline,

example, displaying integrity, discipline, and compassion.
Followed by the oath of office to the newly elected members. Each student took a solemn pledge, promising to fulfill their duties and responsibilities to the best of their abilities. The oath-taking ceremony symbolized their commitment to serving the school and its student body with dedication and sincerity.

cation and sincerity.

The Guest of Honour, T. Pushpam, Inspector of Police, addressed the gathering

and congratulated the newly appointed student leaders. She emphasized the importance of leadership and the role of discipline and teamwork in achieving success. Pushpam shared valuable insights from her professional experiences, inspiring the students to strive for excellence and contribute positively to society. The Investiture Ceremony witnessed the conferring of various posts upon deserving students. School Pupil Leader and Assistant School Pupil Leader, along with their Deputies, were entrusted with the responsibility of upholding the school's values and fostering a harmonious environment.

The House Captains, Sports Captains, Cultural Secretaries, and other office-bearers were also appointed, reflecting the diverse talents and interests within the student community. In her closing remarks, the principal expressed her confidence in the newly appointed Student Council members and encouraged them to work collaboratively to create a conducive learning environment. She urged them to be proactive in addressing student concerns, organizing events, and representing the school with pride.

The Investiture Ceremony concluded with a vote of thanks, where the Cultural Secretary expressed their gratitude to the Principal, Vice Principal, teachers, and parents for their guidance and support. The event instilled a sense of pride and responsibility in the student leaders, who were now ready to embark on their roles with zeal and determination.

San Academy Pallikaranai's Investiture Ceremony for the Student Council 2023-24 was a remarkable event, underscoring the school's commitment to nurturing leadership qualities and promoting responsibile citizenship. The newly appointed student leaders are expected to carry out their dutes diligently and serve as role models for their peers, fostering a positive and inclusive school environment.

