



**SAN ACADEMY,  
PALLIKARANAI**

**MONTHLY NEWSLETTER  
JUNE'23**

**ISSUE 17**

**VOLUME '4**

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# ASSEMBLY - CAREER BUILDING

## 2.6.2023

On 02/02/23 IX A students conducted the Assembly on the theme "Career Building". The Assembly started with the prayer song Thamizh Thai Vazthu, followed by the school song. Jayavarshini of IX A and Meenakshi of IX A did the compering for the show. To begin the day Sharon of IX A said the "Thought for the day". The News was read by Ritvik Madhav of IXA. Samritha and Hitesh enacted the role of a student and a teacher on the topic "Career Guidance" which was followed by an eye-opening speech on the topic \*Career Building. The Facts were shared by Vedha of IX A. In order to celebrate the birthday of two students, the choir and the others wished them by singing the birthday song. Roopika of IXA was given a chance to express her thoughts ( a Speech) why she wants to become an Entrepreneur. Our beloved Principal addressed the gathering by motivating the students to perform well in the board exams and score centums in all the subjects. Ritvik who read the news was lauded by the Principal. Then Prize distribution.

To end the assembly everyone sang the National Anthem and finally the students were dispersed to their classes.





# WORLD ENVIRONMENT DAY

5.6.2023

The students commenced the assembly with tamil thai vazhthu followed by the school song. They shared their thoughts and ideas in the form of posters on "Beat Plastic Pollution," And "Highlighting people's action toward plastic pollution reduction" Followed by interesting quiz on the topic.

The principal addressed the gathering and also distributed the prizes to the students. Overall the assembly was exciting and interesting





# DAY AGAINST CHILD LABOUR 12.6.2023

The assembly commenced with Tamil Thai Vazhthu followed by the school song

The students presented colourful and informative posters on the topic followed by quiz and facts about the same.

The news for the day was presented followed by the principal addressing the gathering on how the students can create awareness and curb child labour.

The assembly ended with the national anthem. The session was very informative which provided an insight about child labour







# WORLD ELDER ABUSE DAY

## 15.6.2023

Today student of class 5C celebrated World Elder Abuse Day on 15th June 2023. This day is celebrated to raise voice for the elderly who are abused and victimized. The main objective of this day is to provide an opportunity for communities around the globe to promote a better understanding of abuse and neglect of older persons by creating awareness of the cultural, social, economic and demographic processes affecting elder abuse and neglect.

Invite you to join us in “Lifting Up Voices” for World Elder Abuse Day. This theme serves as a platform for unifying Elderly Justice and Violence Against Women by sharing the live experiences of geriatricians

The assembly commenced with the morning prayer and school song followed by Thought for the day. “Why elder abuse is the global social issue” enacted by our students through a play and short speech on digital equality for all ages. Birthday wishes for the birthday champs was hummed by fellow students. The assembly ended with prize distribution for few students for their achievements in different fields . The assembly got over with National anthem.





# WORLD TAPAS DAY

## 16.6.2023

World Tapas Day, observed annually on the third Thursday of June, is an international holiday celebrating the small Spanish Tapa dish that is usually served with drinks. As a part of this special occasion, the students of Grade IX C San Academy, Pallikaranai celebrated World day with a special program. The assembly started with Tamizh Thai vaazhthu followed by the speech on the topic " History of World Tapas Day". Students gave a fascinating speech on a Famous Spanish Restaurant in Chennai. Students also explained the cooking method of tapas by preparing delicious tapas . The program ended with National Anthem.





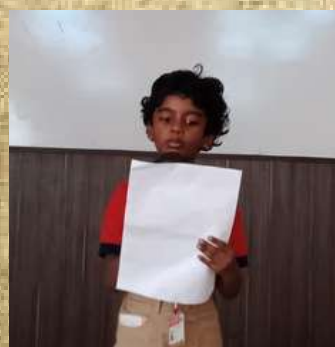
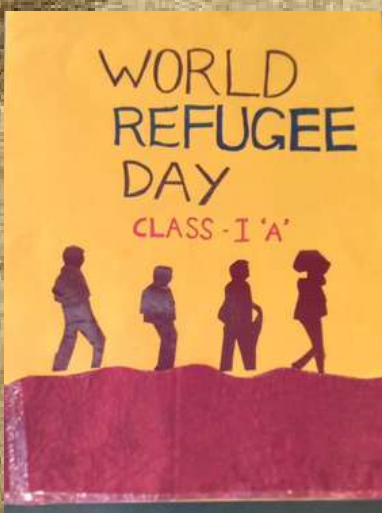
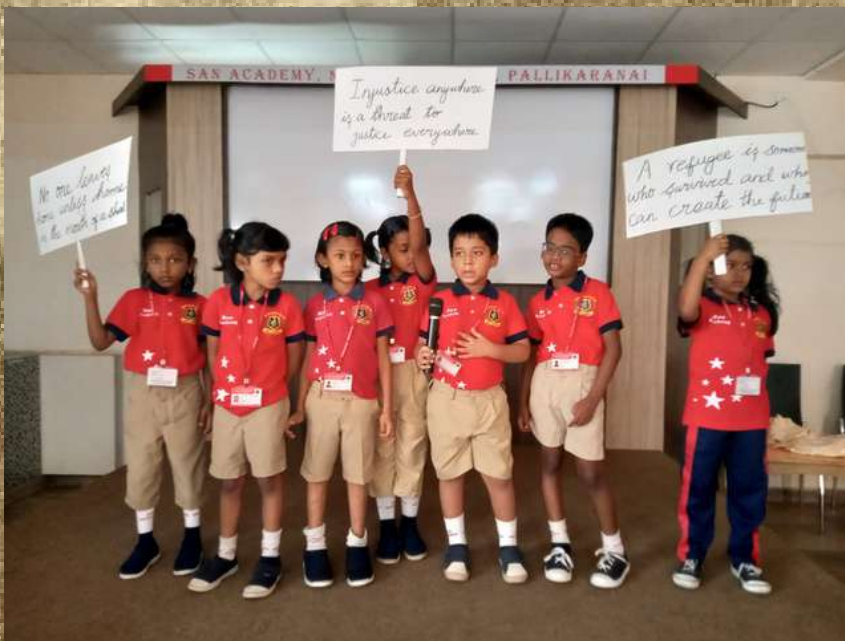
# WORLD REFUGEES DAY

## 20.6.2023

Today students of Class 1 A performed various activities to create awareness about Refugees struggles around the world. Assembly started with 'Thamizh Thai vazhthu ' sung by students of grade IA, followed by our school song.

A student of Class 1 A delivered an inspirational speech on the topic "Struggles that Refugees face around the world"

It was a great joy to see a little kid perform a choreography depicting the struggles of Refugees followed by, ' refugees day awareness ' song sung by our students. HM addressed the gathering. Assembly concluded with National anthem.



# **INTERNATIONAL YOGA DAY**

**21.6.2023**

International Yoga Day is observed on 21st June every year to mark the significance of this ancient practice. This day we celebrate the physical and spiritual prowess that yoga has brought to the world. Yoga is a practice which plays an important role in relaxing the mind and body which boost people's immune system.

Today at 6.30 am we all gathered at San Academy Pallikaranai to join the celebration of International Yoga Day. Major highlight was the enthusiasm demonstrated across the board, our Principal mam, teachers, Attenders, Parents and the Students.

The event began with a welcome address and a brief introduction on Yoga Day and Vasudeva Kutumbakam by the Yoga master, Ms. Shanti.

It was started with warm up exercises by all the participants followed by Asanas in sitting and standing postures. Yoga master explained the importance of each Asanas simultaneously. The celebration concluded with the speech by our Principal mam Mrs. Hema Suryanarayan.

Principal mam's motivational speech has encouraged students to practice yoga regularly to remain fit and improve concentration on studies.

Yoga master has explained the participants about the importance of Yoga in their life & how it can help to maintain the harmony between our body and mind. The students have realised the benefits of Yoga and they promised to introduce Yoga in their daily lives.

International Yoga Day celebration held under the supervision of the Head Cultural Committee came out as a huge success

The function was concluded with a vote of thanks by Ms. Manimalar IT head, San group of schools .







School assembly, plays a vital role in a student's life. Today's morning assembly was about yoga day and was conducted by V D students. It was a pleasure to see them perform so confidently and joyfully on the stage. The assembly started with the prayer song followed by speech on the theme of 2023 yoga day "one world, one health". The benefits of sambhavi mudra was dealt in detail. Then students demonstrated 10 different types of yoga postures and sang a song emphasizing the innumerable benefits of yoga.

The assembly was wrapped with birthday wishes, prize distribution and speech given by our beloved HM and ended with National anthem.









# INTERNATIONAL OLYMPIC DAY

## 23.6.2023

The students of class IX D hosted the assembly on 23.6.23 on the topic 'International Olympic day'. The program started with a prayer to the almighty, followed by a series of activities emphasizing the importance of the Olympic Games as a symbol of unity, perseverance, and fair competition. The principal highlighted the historical context of the Olympics and its impact on global sportsmanship. A group of students presented a brief history of the Olympic Games, starting from its ancient origins in ancient Greece to the modern-day international event. They discussed the evolution of the Games and highlighted significant milestones and key moments in Olympic history. The class assembly on International Olympic Day successfully educated and motivated students about the significance of the Olympic Games. The various segments provided a comprehensive understanding of the history, values, and cultural aspects associated with the Olympics. The assembly aimed to inspire students to embrace sportsmanship, foster an appreciation for diverse cultures, and pursue their dreams with determination and resilience. By organizing such events, schools can instill important values and inspire the next generation of athletes and global citizens. The assembly concluded with closing remarks from the principal, summarizing the key takeaways from the event. The principal encouraged students to embrace the Olympic values in their everyday lives, participate in sports activities, and strive for excellence in all their endeavours.





# FATHER'S DAY CELEBRATION

## 24.6.2023

The students of class 7 A commenced the assembly with Tamil Thai Vazhthu and the school song. A father is a person whom one looks upon to no matter how tall one grows.

Making the above true the student of 7 A presented a skit on 'How a father plays an. An important role in a child s life.'. It was followed by a dance performance again based on the topic which brought tears into the eyes of many. The students also presented the news for the day, speech followed by the coordinator addressing the students. Overall the students of class 7A captivated the attention of everyone with their stupendous performance. It was an assembly to cherish.









# AWARENESS ON DRUG ABUSE

26.6.2023

The assembly commenced with tamil thai vazhthu followed by the school song .

The students then presented a speech on the topic followed by the news for the day. There was a mesmerising dance performance by the student s creating an awareness about drugs.

The principal distributed the 'Star of the Month' award and few other certificates which the students had bagged participating in competitions outside school.

A few teachers were recognised for their contribution and cooperation by presenting the certificate of excellence to them. The principal then addressed the gathering by again citing the importance of creating awareness on drug abuse and Illicit trafficking.. The assembly was overall very informative.









# WORLD ASTEROIDS DAY

## 30.6.2023

On June 30, 2023, the students of Class 10A conducted a class assembly to commemorate World Asteroid Day. The purpose of this assembly was to raise awareness about asteroids and their potential impact on Earth. The assembly was held in the school grounds and began with the Tamil Thauzh valzthu (Tamil Invocation) followed by the school song. The students were enthusiastic and well-prepared for the assembly, making it an informative and engaging event.

Pledge was administered by one of the students to instill a sense of responsibility and dedication among the attendees. Following that, latest news updates were shared with the audience. These updates included recent discoveries, research findings, and significant events related to asteroids. It served as an effective way to keep everyone informed and engaged in the topic.

### Speech on Latest Asteroid Events:

A student delivered a well-prepared speech on the latest asteroid events. They provided an overview of recent asteroid sightings, scientific advancements in asteroid detection and tracking, and efforts to mitigate potential asteroid impacts. The speech emphasized the importance of continued research and preparedness to safeguard our planet from potential asteroid threats. The information shared during the speech was informative and thought-provoking, encouraging the audience to reflect on the significance of World Asteroid Day.





## Elocution on the Tunguska Event:

One of the highlights of the assembly was an interesting elocution about the Tunguska event. The student eloquently described the 1908 impact event in Tunguska, Russia, where a massive explosion occurred due to an incoming asteroid or comet. They captured the audience's attention by vividly narrating the devastation caused by the blast and the subsequent scientific investigations. The elocution shed light on the potential consequences of asteroid impacts and highlighted the importance of continued research and early warning systems.

## Conclusion:

The class assembly on World Asteroid Day conducted by Class 10A was a remarkable event that successfully raised awareness about asteroids and their impact on Earth. The students effectively engaged the audience through various activities, including speeches, news updates, and an elocution. The assembly served as a platform for educating the school community about the importance of monitoring, detecting, and mitigating potential asteroid threats. The event concluded with the singing of the national anthem, leaving the audience with a sense of unity and pride. Overall, the assembly was a great success and contributed to spreading awareness about the significance of World Asteroid Day.





# POCSO AWARENESS FOR PRIMARY TEACHERS

2.6.2023

**Facilitator:** Mohana Priya J (PGT Psychology)

## **Points Discussed:**

- \*Intro about POCSO Act
  - \* Gender sensitivity
- \*School activities for the last year with committee members
- \*Role and responsibility of the teacher to involve in the safety and security of the students
  - \*Mode of communication
  - \* Suggestion on observing the students, teachers, support staffs activities
- \*Tips on educating the students in assembly, life skill classes, story time, etc





# WELCOMING THE CLASS XI STUDENTS





# **FELICITATION CEREMONY**

## **13.6.2023**

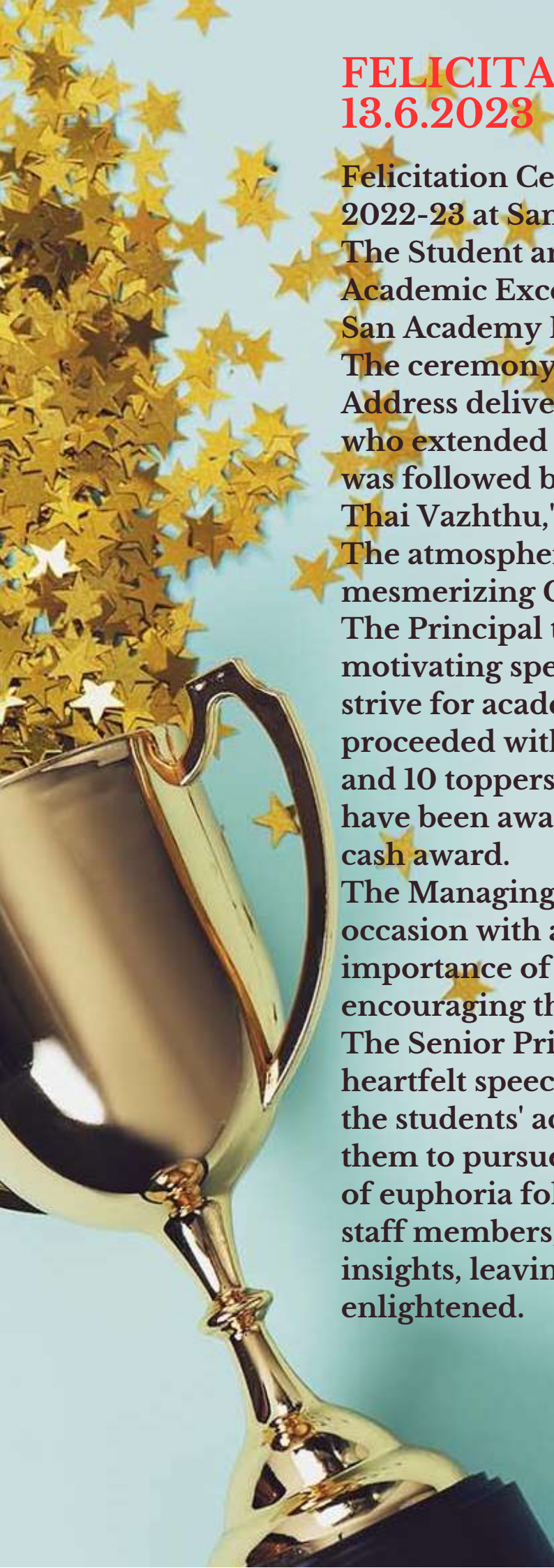
**Felicitation Ceremony for Academic Excellence 2022-23 at San Academy Pallikaranai**

**The Student and Staff Felicitation Ceremony for Academic Excellence 2022-23 was conducted at San Academy Pallikaranai with great success.**

**The ceremony began with a warm Welcome Address delivered by Vice Principal, Melitha, who extended greetings to the gathering. This was followed by a soulful Prayer Song, "Tamil Thai Vazhthu," performed by the choir students. The atmosphere was further enriched with a mesmerizing Classical Dance .**

**The Principal then took the stage and delivered a motivating speech, inspiring the students to strive for academic excellence. The ceremony proceeded with the felicitation of the Grade 12 and 10 toppers and centum scorers. The students have been awarded with certificate, trophy and cash award.**

**The Managing Director Archana .R graced the occasion with an address, emphasizing the importance of academic achievements and encouraging the students to reach for the stars. The Senior Principal Sujatha S then delivered a heartfelt speech, highlighting the significance of the students' accomplishments and motivating them to pursue their dreams. A special moment of euphoria followed, with centum-produced staff members, sharing their experiences and insights, leaving the audience inspired and enlightened.**





The felicitation extended to the dedicated staff members who were recognized for their hard work and commitment. They were felicitated by the trophy and the cash award.

The ceremony also provided a platform for award-winning students to share their inspiring success stories, offer valuable tips to juniors, and acknowledge the immense support received from their families and the school as a whole.

The H.O.D of commerce department ,Ms. Ramya Balaji gracefully delivered the Vote of Thanks, expressing deep appreciation to all those who made the event a grand success. The ceremony concluded on a patriotic note, with the choir students rendering the National Anthem, filling the atmosphere with pride and unity.















# SAN ACADEMY GROUP OF SCHOOLS

VELACHERY  
PALLIKARANAI  
KAMAKOTI NAGAR  
TAMBARAM

THE HALLMARK  
OF SUCCESS



**MOHAMMED FARAAZ  
NAIZER BAKIR**  
SCHOOL TOPPER  
CLASS XII  
RANK 1- 97.6%  
488/500  
(Commerce Stream)



**SANJANA NAGARAJAN**  
SCHOOL TOPPER  
CLASS X  
RANK 1- 98.8%  
494/500



**YAZHINI T**  
CLASS XII  
RANK 2 - 96.8%  
484/500  
(Commerce Stream)



**KATHIR EZHIL**  
CLASS XII  
RANK 3 - 96.4%  
482/500  
(Science Stream)



**SAMUEL  
BENEDICT V**  
CLASS XII  
RANK 4 - 96.2%  
481/500  
(Science Stream)



**AKILESHWAR L N**  
CLASS XII  
RANK 4 - 96.2%  
481/500  
(Science Stream)



**RITISH KARTHIK S**  
CLASS X  
RANK 2 - 98.6 %  
493/500



**AKSHAY KHANNA REDDY**  
CLASS X  
RANK 3 - 98.2 %  
491/500

*The best way to  
predict  
our future is to  
create it !*

*Congratulations!*

[www.sanacademy.edu.in](http://www.sanacademy.edu.in)



# CLUB ACTIVITY

14.6.2023

Club Activity

Class 1: "Flash Card: Save Earth"

Class 2: " Placard : Save Nature"

Today's club activity enlightened the young San planetarians on how to save our planet Earth from plastics. Children enjoyed making an awareness placard and took a oath to avoid using plastics. "Plastic plastic Go away... Earth becomes fantastic everyday"





# SEED BOMB

What a blast it was at our school as our little green thumbs got their hands dirty and embarked on a thrilling adventure called the Seed Bomb Activity! With giggles, laughter, and endless enthusiasm, our amazing students took part in this fun-filled and hands-on learning experience.

The activity kicked off with our young gardeners rolling up their sleeves and carefully mixing the seeds into the manure. Laughter filled the air as they squished, squeezed, and molded the mixture into compact balls - their very own seed bombs. Oh, what joy it was to witness their tiny hands working diligently, each child eagerly creating their personal green grenade!

This activity imparts invaluable lessons about patience, responsibility, and the wonders of nature. They discover the magic of nurturing a tiny seed and witnessing it grow into something magnificent. It was a true hands-on experience that brought their textbooks to life!



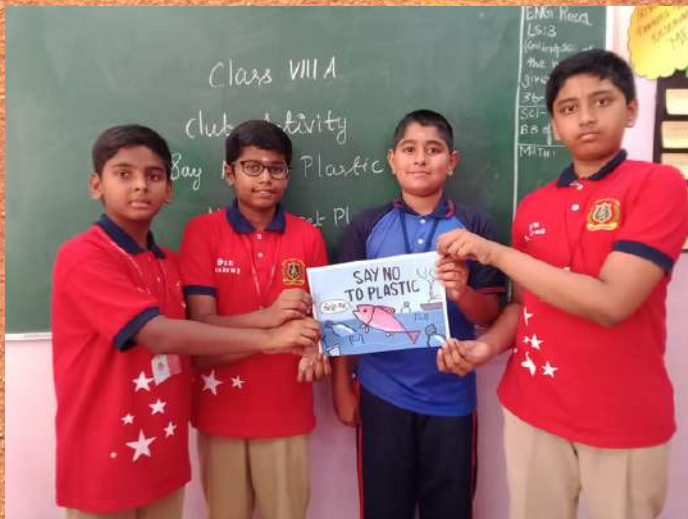


Students of grade 6,7 and 8 enthusiastically participated in the Club Activity by emoting their thoughts through skit , street play and mime as a team.

It took the mentors by surprise as they brought out various life skills through the act, Right from critical thinking, creativity to teamwork.

There were quite a good number of new Participants and they were wholeheartedly encouraged and appreciated by their teachers and peers .

It was such a delight to see the middle schoolers perform dauntlessly.





**San Academy Pallikaranai conducted club activities for grade 9 and 10 on 14/6/23.**

**The topic is "Wealth out of waste"**

**Club activities are conducted to balance academic and extracurricular activities perfectly.**

**Students participated enthusiastically and they learnt how to prepare the compost from the materials at home.**





# **Father's day celebration**

## **16.6.2023**

**DAD: A SON'S FIRST HERO AND A DAUGHTER'S FIRST LOVE."**

The first superhero any child meets in their life is their father. Fathers' love is always overshadowed by mothers' love, to show love respect and gratitude, we commemorate Father's Day. This day was completely dedicated to all the fathers.

Our little kindergarteners celebrated father's day with great excitement and zeal to express their love for their beloved fathers. This auspicious occasion was celebrated with various exciting vibes. , there was a surprise games for the parents, enthralling singing and dance performances of the budding roses for their loving fathers mesmerized the day.

Entertainment by fathers along with their kids made the show events more special and heart-touching. This gesture showed where the little angels were cuddled with their superheroes making the fathers smile their hearts out. The children made card cutouts with their handprints and gifted them to their dad as token of love.

A hand over my head meant that he is always there for me,

A little pat on my back meant that he believed in me,

A polite smile meant that he is proud of me.

**" A VERY HAPPY FATHER'S DAY TO ALL THE AMAZING FATHERS."**







# **POCSO MEETING 17.6.2023**

**Venue: 11A Classroom (Third Floor)**

**Facilitator: Principal**

**Participants: Committee Members (16)**

**Points Discussed:**

- \*Mode of preventive measures**
- \*Hygiene, water, bench, desk and other facilities in school for the comfort of children**
- \*Infirmary Room with separate phone provision**
- \*Explanation for metal exit step in new block which will not be used by children, steps have made with approval**
- \*Proper parent pickup plan**
- \*Expectation on parents to co-operate to pick up their wards from different wings**
- \*Private van students are made to sit in Pre-Kg room**
- \*Education to private van drivers and students about their roles and responsibilities**
- \*Late pick up room**
- \*8E HW not sent via parent alarm, issue will be rectified**



All suggestions were received and safety was assured by principal and the committee members





# STAFF WELLNESS PROGRAM

## 17.6.2023

San Academy, Pallikarnai, an esteemed educational institution under the visionary leadership of Managing Director Archana R., recently organized a wellness programme dedicated to the well-being of its dedicated teaching and non-teaching staff. The programme aimed to create a tension-free atmosphere and provide stress relief opportunities to enhance the overall work experience. Spearheaded by the Public Relations Officer (PRO), Ms. Sugantha, and the Administrative HR team led by Ms. Annapoorani, the event featured an array of stress-busting activities, including dance and fitness exercises conducted by the fitness expert, Ms. Preethi.

The wellness programme at San Academy Pallikarnai served as an enriching experience for the staff members, emphasizing the school's commitment to creating a harmonious work environment. Here are the key highlights of the event:

Understanding the importance of stress management, the programme incorporated various stress-busting activities. The staff members actively participated in invigorating dance sessions, guided by the talented instructor, Ms. Preethi. These dance sessions not only served as a form of physical exercise but also as an avenue for self-expression and rejuvenation.

San Academy Pallikarnai's commitment to staff well-being was evident through the active involvement of the administrative team. The PRO, Ms. Sugantha, and the Admin HR, Ms. Annapoorani, coordinated the event seamlessly, ensuring a smooth execution and addressing any concerns raised by the staff members. Their dedication and support played a vital role in the success of the wellness programme.

San Academy Pallikarnai's wellness programme exemplified the institution's commitment to the welfare of its staff, ultimately contributing to a motivated and thriving workforce.













# **SARVA YOGA**

**18.6.2023**

Yoga plays a vital role in keeping our mental and physical health intact. It helps us to connect to nature. Always San Academy, Pallikaranai has never failed to involve students in activities which would help them in their well being. Henceforth on Sunday 18.6.23 students of class 6 to 8 were given a chance to participate in a yoga session at Eco Park, Pallikaranai. The event was organized by FORRA to create an awareness of living healthy life through yoga. Our students and quite a lot of common people were given a guided yoga practice by yoga gurus and expert trainers present at the venue. It was a rejuvenating session for all who was present at the venue.







**Yoga offers physical and mental health benefits for people of all ages. True yoga is not about the shape of your body, but the shape of your life. It is not to be performed; it is to be lived. It doesn't care about what we have been; it cares about the person you are becoming. It is designed for a vast and profound purpose, and for it to be truly called yoga, its essence must be embodied. Calming the mind is yoga. Yoga is the journey of the self.**

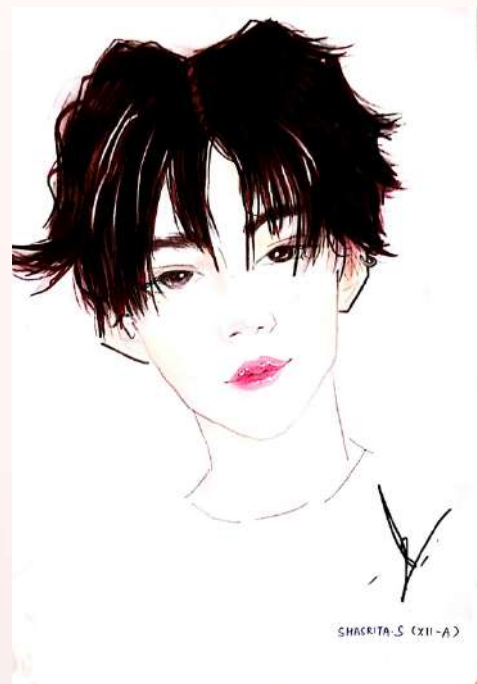
**Yoga is similar to music. The symphony of life is composed of the body's rhythm, the mind's melody, and the soul's harmony. San Academy gifted the young learners the richness of yoga and witness its positivity transform their existence into well-being. The children of Jr.Kg and Sr. Kg. celebrated international yoga day during the session. Physical education instructor performed breathing exercise, basic yoga aasanas which was accompanied by san academy kindergarten kids. The children also tried to do few aasanas and shared it with their peers.**

**Kids enjoyed the international yoga day by learning simple aasanas how to be in correct posture. This made kids to know about how important yoga is and what are the significant it makes in our life.**



# ART GALLERY

Shasrita is a meticulous worker. She is skilled in artworks of all mediums. She is a perfectionist when it comes to her art. She can do calligraphy and realism paintings. Her creativity is out of the box. Her works are quick, neat and impeccable.









# INTRA 21.6.2023

Class 1: " Slogan : Save Earth"

Class 2: " Story telling: Save Earth"

Today's Intra Competition is about story telling and Slogan. Class I & II students participated enthusiastically on the Topic 'SAVE EARTH'. Students understood the importance of saving our planet earth ,its nature and exhibited their talents in a creative way. "One Earth, One Life".



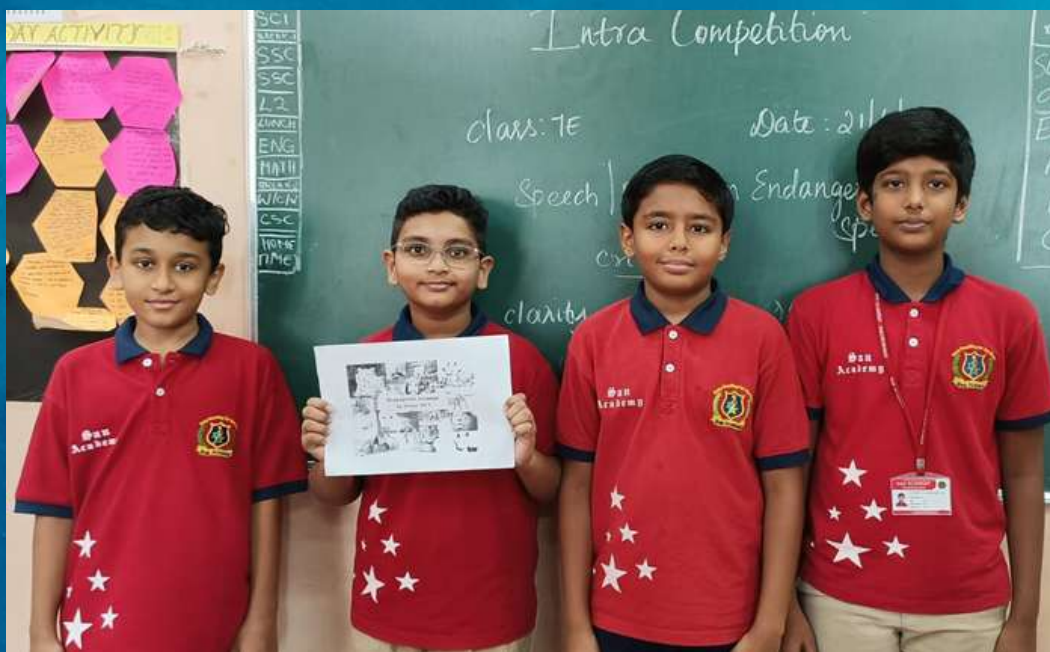


In an epic mono act competition for students of classes 3 to 5, young talents showcased their love for nature's saviours: trees! With captivating performances, they brought alive the importance of these green wonders. Cheers to our tiny heroes for spreading the joy of saving our planet





Saving endangered animals is also an act of Humanity. The students are the future citizens who are responsible to save the earth and the living species. In order to create awareness on the same, the students were given an opportunity in the form of intra competition to think creatively and perform on the topic 'saving the endangered species' in the form of Poster, speech and mime. The students came up with mind blowing posters, mime and speech which gave an insight about their ideas and thought process on saving the endangered species.





'Extempore' competition that was conducted on 21.6.23 as a part of Intra competition for the month of June. The purpose of this activity was to enhance students' spontaneous speaking skills, boost confidence, and improve their ability to think on their feet. Each participant was given a topic from a pre-determined list of general subjects. The judges followed a scoring rubric to ensure fair and consistent assessment. At the end of the activity, participants were appreciated for their efforts and courage in delivering impromptu speeches. Constructive feedback was provided to help students to improve their communication skills. The event also served as an opportunity for students to learn from their peers' presentations. The activity not only enhanced their confidence, but also fostered an environment of healthy competition. The events' success was evident through the active participation, enthusiasm and improvement observed in the students' public speaking abilities.





# **BUNNIES INAUGURATION CEREMONY 23.6.2023**

It's was gala event of BUNNIES INAUGURATION CEREMONY. The air was filled with the giggles of the tiny cherubs. The event adorned an apt guest of honour Madam SUDHA NARASIMHAN. The guest set the mood of the Little ones with bunnies jingles and dance. The event started with Scout prayer, followed by flag hoisting. Our cute gaggles were addressed by our principal mam which was followed by an oath taking. The chief guest honoured our San bunnies with an apron and head gear and inaugurated the Bunny Ceremony and she too role modelled as a bunny and made our little bunnies to hop and jump with energy . Our cute bunnies performed for two action songs which was a treat for our eyes. Our Bunny aunty's, Scout captain, Guide captain and coordinators deserve a huge round of applause for making the event a grand success.









# Parents teachers association meeting 24.6.2023

The session commenced with a welcome note followed by the principal addressing the crowd. She welcomed all the members and also informed the agenda for the meeting which was to select the 'President' and 'Vice President' - PTA for the academic year 2023-24.

Mr. Muthukumar P (President) F/O Achuthakumaran of class VC  
Ms. Surya A (Vice President) M/O Sedthaarth S of class IV D .

Kindly refer to the e-content for the other PTA representative list grade wise. Still there are certain classes which are left out of nominations. Hence you can nominate yourself for better coordination of your class and section. Parents are requested to get in touch with your grade representative / member via mail for any concern or appreciation which will be collated and discussed during the next PTA meeting.





# AMBULANCE WORKSHOP - BSG 24.6.2023

On 25.6.2023 our scouts and guides students went to attend a one day workshop on ambulance man (proficiency badge), conducted by the Chennai City CBSE school Bharat scouts and guides. In the camp the students learnt about first aid, how to handle fire extinguisher domestic accidents. After the completion of the camp they issued Ambulance badge certificate ti the students.





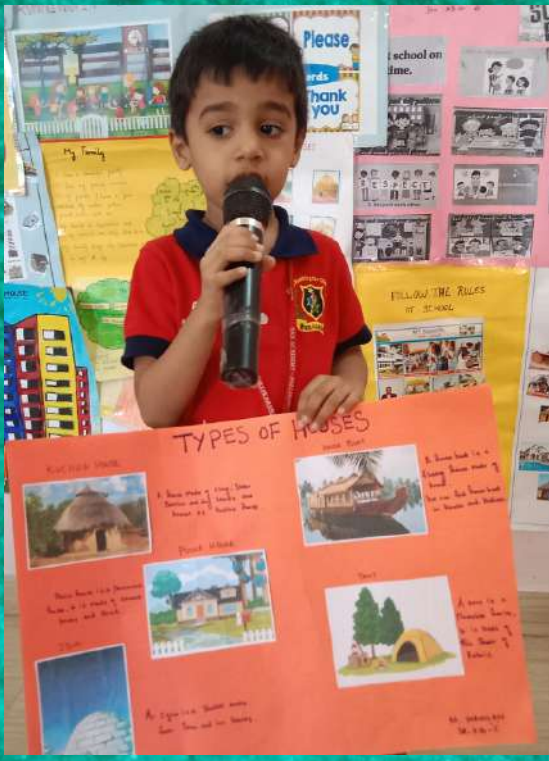
# SHOW & TELL

Speaking makes us more creative on the other hand listening makes us more knowledgeable show and tell is the place where these two take over at the same time.

Kids performed show and tell with charts, models, which enhance kids to be more confident in the way they are. It demonstrated an understanding of listening and speaking skills for effective communication. The show and tell helps kids to speak clearly with correct vocabulary. This help them to know where to give pause and where to start and how to frame a sentence which make them to cherish in their language skills. They described the topic such as Introduce themselves, My Friend, My family, types of family, My Home and rooms in my home, Community worker(any one), my school, types of houses, rules to followed in public places, rules I follow in school, myself-a helping hand for parents, sense organs, my mother, my father, my sister/ brother, my grandparents, types of houses, my city, my country, national symbols of India, personal hygiene, my body are the topics given to tiny toddlers to express their creativity, confidence and expressiveness. Overall, the show was a spectacular learning experience for the kids.









# NO TO PLASTIC

## 28.6.2023

Students of class I and II enthusiastically learnt about the importance of "Say No to Plastics" by taking pledge. They understand the difference of Biodegradable and Non-biodegradable wastes and they learnt the significance of three R's . Moreover they enjoyed making wall hangings and pen stand with environment friendly things. To save our environment, we must say no to plastics. We must stop using them to better our environment and save it from degradation.






Our students participated in an exciting "No to Plastic" activity, conducted on 28th of June 2023, where they enthusiastically crafted eco-friendly alternatives. They had a great time creating paper bags, transforming coconut shells into pencil holders, and repurposing metal bangles into organizers. The activity was filled with joy and laughter as our young environmentalists showcased their creativity and commitment to a greener future. Through this hands-on experience, our students learned the importance of reducing plastic waste and embracing sustainable practices. We are proud of their efforts and are confident that they will continue to make a positive impact on our environment.





# **RADIO MIRCHI WORKSHOP**

**30.6.2023**



**TIMES NIE gave a wonderful opportunity to the students of San Academy, Pallikaranai, to visit Radio Mirchi station located at T. Nagar. The famous RJ Shivshankari conducted a workshop to our students along with students from two different schools. She took the students and the teachers to their different studios inside the station and explained about the functional mechanisms of each and every studios. She involved our students to participate in two live shows with her and another RJ too. It was an unforgettable moment of our class 10 students. It was a fun learning about Radio Mirchi, RJs and their work place with technical management systems. She demonstrated the way how they deal with their callers, recording, editing and control systems in line with interaction with callers. She briefed the do's and the don'ts, advantages and disadvantages, rules and regulations of mass media and RJs. All the students and teachers thoroughly enjoyed the workshop by interacting with RJ Shivshankari. All the students asked many questions which were answered in a very delightful way. It was a great fun learning experience for all the students and the teachers about information, entertainment and connection between people and RJs. The session ended up with a group photo and by providing a certificate of participation.**







# Awards & Achievements

Aravindh of class 10 B and saicharan of class 3c participated in the chess tournament held at vallvur Gurukulam held in 28 th may. aravindh got the second prize in the open category under 25 . And saicharan under 10 4 th place.



Aravindh of class 10b and saicharan of class 3 c participated in the 2 nd GVCA Tamilnadu state level chess tournament which was held today on 21/5/2023 . Saicharan won the 5 th place in under 8 category. Aravindh won the 18 th place with a cash prize of ₹500, out of 145 participants in open category.





P.R.Harshita of VI D was honoured with the "Yoga Kalaimani" award for her excellence in Yoga at the award ceremony led by Kavignar.Tamil Amudhan , President of Film lyricists Association of Tamilnadu ,on behalf of Bharathi kalai ilakiya mandram, Madurantakam.



Ms. Deepa sanjeev was awarded ' The Best International Teacher' by SOF in the International English Olympiad.

She was recognised for her vision, leadership qualities and academic initiatives which was exhibited by the students during the international Olympiad exams.

She was honoured with a trophy, and award and cash prize of Rs. Ten thousand.

She received the award from Mr. Dipak Misra, Former Chief Justice of India in New Delhi during the 25 th year celebrations of SOF on 28 th May 2023. She was also interviewed for the same.





Aravindh of class 10 b and saicharan of class 3c participated in the state level chess tournament held at shri prince venketeshwara arts and science college gowrivakkam which was organized by GM chess academy. Saicharan won the first place under 8 and aravindh won at under 25 category.



Jaishnav .V of class 2B studying in San Academy palikaranai branch won Championship in the "Hi Buddy 23 contest" conducted by Global Art for Foundation level 1.

He received a championship trophy and certificate



G.Niranjan from Sr KG -C , San Academy Pallikarnai participated in SPELLIBRITY ,Spelling competition conducted by i2 global school. This competition had 2 rounds and he won first place in final round.



**Yuvasri . S from class 3-C,  
Secured III price in the speech -  
masters contest 2023 organized  
by Phonics Power Educational  
Academy**



**Our San Academy, Pallikaranai participated in a  
Yoga competition YOGATSAV'23 organized by  
Maharishi vidhya mandir, Kovilambakkam on  
17.6.2023 and our proud**

**Yoginis:**

- 1. Leah R from Grade 1 secured 1st place in under 7 category**
- 2. Harshitha P.R from grade 6 secured 1st place in under 11 category**

**Yogis:**

- 1. Jeevan Ramachandran from grade 4 secured 2nd place in under 9 category**
- 2. Tharun aadhitya G. S from grade 9 secured 2nd place in under 13 category**

**Also, San academy, Pallikaranai has won the  
OVERAL CHAMPIONSHIP TROPHY.**





our Master SAICHARAN SRINIVASAN(3 -C) secure a first position, Master KRITHIK K(6-A) secure 5th position, HEMANI SATHYANARAYANAN (7-D) Secure 9th position, Master HATHIM (4-B) secure 6th position, Master VIDHUN R(6-B) secure 8th position , Master VIDYUTH(4-B) Secure 7 position congratulations, Master Shasvanth prasanna kumar(7-A) got 4 th place in the CHESS COMPETITION organised by LANSON TOYOTA





**Vihana Vasanth Won 1st prize in CARNATIC VOCAL competition conducted by Phoenix chess Academy Chennai**



**B Adithya studying in III-A, had recently participated in district level Silambam competition and came in 1st position and received Gold medal in individual category.**



**Samvritha Harish has proudly clinched the coveted gold medal in the highly competitive Spell Bee competition**

**Atharva Nagendran of Class 2-B was awarded Champion's trophy and certificate at the Hi Buddy Competition conducted by Global Art Chennai.**





Aditri Krishnakumar of class 5 D participated in an International Music competition organised by Veenadhari Institute of Music & Fine arts (Gaanasiri 2k23), where professionals from 25+ countries participated. Aditri secured GOLD CERTIFICATE in the competition (carnatic classical music category)



Yuvasri S of III C has successfully cleared YLE Starters from Cambridge English.

P.R.Harshita of VI D has secured 5th place in the International Yoga competition conducted online by Samridhnam vocational training institute, FIT India and Indian Yoga Association .





Master. Mahizhmithran .G  
studying 1st std, He got 3rd prize  
in karate kicks and punches, 5th  
prize in chess..



Our amazing sanites has secured 2 gold, 7 silver & 7 bronze  
medals in various category. Vimaladithyan of Class X has got the  
individual championship  
San Academy, Pallikaranai received the overall championship,  
organised by CP sports academy





**Yoga Competition conducted by Decathlon for the Class 4& 5 category**

**- Jeevan Ramachandran won champion in First place and also won 4th place in the open category**

**Class 5&6 category -**

**P.R.Harshitha won 1st place in champion and also won first place in open category. Pragya Abishek of class 6 won 5th place in open category**



**Sai charan (3C) secured first position in Tamilnadu State level CHESS Tournament conducted by Ten Chess Academy**

**Pranav Ramkumar (9C) got 9 position. Arudra Karthik(3A) 3rd prize, under 8 category At valluvar Gurukulam Tambaram.**





**Aravindh. S of class10 B participated in the chess tournament held today at vallvur gurukulam tambaram conducted by GM chess academy. He got the first place in under 25 category**





# ACCOLADES

## FELICITATION CEREMONY FOR ACADEMIC EXCELLENCE 2022-23 HELD AT SAN

The Student and Staff Felicitation Ceremony for Academic Excellence 2022-23 was conducted at San Academy Pallikarainai with great success. The ceremony began with a warm Welcome Address delivered by Vice Principal, Melitha, who extended greetings to the gathering. This was followed by a soulful Prayer Song, "Tamil Thai Vazhthu," performed by the choir students. The atmosphere was further enriched with a mesmerizing Classical Dance.

The Principal then took the stage and delivered a motivating speech, inspiring the students to strive for academic excellence. The ceremony proceeded with the felicitation of the Grade 12 and 10 toppers and centum scorers. The students have been awarded with certificate, trophy and cash award.

The Managing Director Archana R graced the occasion with an address, emphasizing the impor-



tance of academic achievements and encouraging the students to reach for the stars.

The Senior Principal Sujatha S then delivered a heartfelt speech,

highlighting the significance of the students' accomplishments and motivating them to pursue their dreams. A special moment of euphoria followed, with centum-produced

staff members, sharing their experiences and insights, leaving the audience inspired and enlightened.

The felicitation extended to the dedicated staff members who were recognized for their hard work and commitment. They were felicitated by the trophy and the cash award.

The ceremony also provided a platform for award-winning students to share their inspiring success stories, offer valuable tips to juniors, and acknowledge the immense support received from their families and the school as a whole.

The H.O.D of commerce department, Ramya Balaji gracefully delivered the Vote of Thanks, expressing deep appreciation to all those who made the event a grand success. The ceremony concluded on a patriotic note, with the choir student rendering the National Anthem filling the atmosphere with pride and unity.



## INTERNATIONAL DAY AGAINST CHILD LABOUR

San Academy, Pallikarainai conducted "International Day against child labour" special assembly. The assembly commenced with Tamil Thai Vazhthu followed by the school song.

The students presented colourful and informative posters on the topic followed by quiz and facts about the same. The news for the day was presented followed by the principal addressing the gathering on how the students can create awareness and curb child labour. The assembly ended with the national anthem. The session was very informative, which provided an insight about child labour. The students took a vow to eradicate away Child labour.

## SCHOOL IS COOL

TUESDAY, JUNE 20, 2023

It's not just a place where you get to learn Einstein's Theory of Relativity. It's also a place where you can think beyond the classroom. Hence we say, SCHOOL IS COOL

### SAN'S KARUNA CLUB VISITS OLDAGE HOME



*The young bring the kindness, your ears for compassion, your hands for charity, your mind for truth, and your heart for love.*

Grade 8 Students of San Academy Pallikarainai visited Sri Sarathyarayanam trust, the old age home as a part of Karuna Club Activity, recently. To spread love, kindness & compassion to the elderly inmates of the home. To do cleaning work of their premises (SHRAMADHAN) & To do donation of millets for the poor. With the aim to raise awareness and increase production, consumption of millets & to have healthy lives 2023 is declared as the "INTERNATIONAL OF MILLETS".

As a part of celebrating 2023, as the International Year of Millets, our students donated Millets to the old age home. Our visit there was an unforgettable experience. There we learnt more about true life, sharing and caring. There are hundreds of inmates in the Home.

All of them were above the age of sixty. There are many recreational facilities available to them and these facilities were properly used by them. However, all of them were lonely and craving for love and affection. Sanites spent time with them, shared their love and also donated the premises. However, the care shown to them by the workers at the Home was indeed inspiring. Finally, we left with a heavy heart, and it was a memorable day to all.



யோగా நிரவாஸ்து நு வாலவாலிகல

### திகைகள் நகரம்

### சிறுவர், சிறுமியர் யோகா பயிற்சி



யோகா பயிற்சி நிரவாஸ்து நு வாலவாலிகல

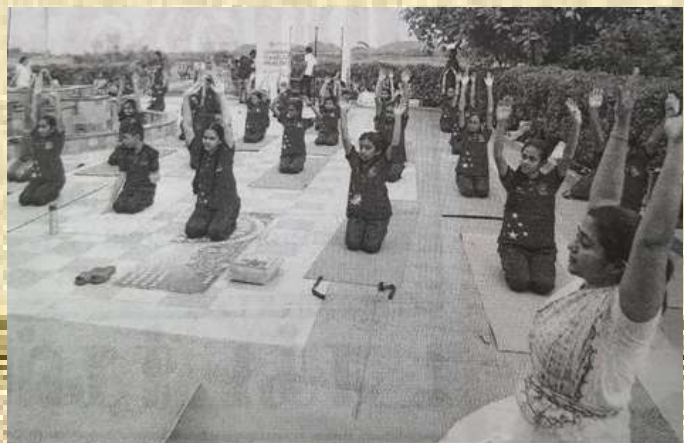


Federation of Radial Road Residents' Associations (FORRRRA) practice yoga on Yoga Day at Pallikarainai Eco Park, on Sunday. -N.Sampath

### யோகா பயிற்சி...



யோகா தினத்தையொட்டி (ஜூன் 21) சென்னை பள்ளிக்கல்வனத்துறைக்குட்பட்ட பூங்காவில் நடைபெற்ற யோகா பயிற்சி.





## INTERNATIONAL DAY AGAINST CHILD LABOUR

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## SAN ACADEMY BAGS OVERALL CHAMPIONSHIP TROPHY IN YOGA

San Academy, Pallikaranai participated in a Yoga competition YOGATSAV'23 organised by Maharishi Vidhya Mandir, Kovilambakkam recently and our proud

### Yoginis:

1. Leah R from Grade 1 secured 1st place in the under 7 category.
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Also, San academy, Pallikaranai has won the overall championship trophy.





THANK

YOU

